1. This problem is about the Wigner-Eckart theorem, which here we will write as,

$$\langle j', m', \alpha' | \hat{T}_{\mu}^{(\ell)} | j, m, \alpha \rangle = \langle j', \alpha' | | \hat{T}^{(\ell)} | | j, \alpha \rangle \cdot \langle \ell, j; j', m' | \ell, j; \mu, m \rangle$$
(1)

and its application to matrix elements of vector operators.

(a) Use the Wigner-Eckart theorem to show that for j' = j and for any vector operator  $\hat{A}_i$ ,

$$\langle j, m', \alpha' | \hat{A}_i | j, m, \alpha \rangle = \langle j, \alpha' | | \hat{A}^{(1)} | | j, \alpha \rangle \cdot \frac{\langle j, m' | J_i | j, m \rangle}{\langle j | | \hat{J}^{(1)} | | j \rangle} .$$

$$(2)$$

(b) Show that the matrix elements of the scalar product  $\hat{A}_i \hat{J}_i$  are related to the reduced matrix elements of  $\hat{A}^{(1)}$  via

$$\langle j, m, \alpha' | \hat{A}_i \hat{J}_i | j, m, \alpha \rangle = C_j \langle j, \alpha' | | \hat{A}^{(1)} | | j, \alpha \rangle , \qquad (3)$$

where the coefficient  $C_j$  depends only on j and is the same for all vector operators  $\hat{A}_i$  and all rotationally-invariant quantum numbers  $\alpha, \alpha'$ .

(c) Combine eqs. (2) and (3) and the fact that  $\hat{J}_i$  is itself a vector operator to prove that

$$\langle j, m', \alpha' | \hat{A}_i | j, m, \alpha \rangle = \frac{1}{\hbar^2 j(j+1)} \langle j, m, \alpha' | \hat{A}_j \hat{J}_j | j, m, \alpha \rangle \cdot \langle j, m' | \hat{J}_i | j, m \rangle .$$
(4)

This formula is often called *the projection theorem*.

of the magnetic moment between such states are:

(d) The magnetic moment of an electron is  $\hat{\mu}_i = \frac{-e}{2M_ec}(\hat{L}_i + \hbar\hat{\sigma}_i)$ . Hence, the magnetic moment of an atom is  $\hat{\mu}_i = \frac{-e}{2M_ec}(\hat{L}_i + 2\hat{S}_i)$ , where  $\hat{L}_i$  is the combined orbital angular momentum of the atom's electrons and  $\hat{S}_i$  is their combined spin. The ground states of atoms usually have well-defined values of  $\ell_{tot}$  and  $s_{tot}$  as well as  $j_{tot}$  and  $m_j$  (the so-called LS coupling). Show that the matrix elements

$$\langle \ell, s, j, m', \operatorname{rad} | \hat{\mu}_i | \ell, s, j, m, \operatorname{rad} \rangle = \frac{-e}{2M_e c} g \langle j, m' | \hat{J}_i | j, m \rangle ,$$
 (5)

(Lande's formula) and compute the gyromagnetic factor g in terms of  $\ell$ , s and j.