

Tensor-decomposition of three-nucleon interaction

Jochen H. Heisenberg

Department of Physics, University of New Hampshire, Durham, NH 03824

(December 28, 2004)

This is the working paper to derive matrix elements for the new three-nucleon interaction proposed by Pieper, Pandharipande, Wiringa, and Carlson. All the matrix elements contain the "Ring"-phase which is explicitly included by using the **type (a)** and **type (b)** matrix elements as specified below.

First we note that the two terms of the Urbana IX potential are the same, except for modifies coefficients which are the Fujita - Miyasawa term and the short range repulsion. There are two new terms, the two-pion S-wave term and the three-pion Δ term. We devote section 1 for the S-wave term and section 2 for the latter.

Similar to our derivation of the Urbana IX matrix elements we focus on two type of matrix elements given in (3.2) of that report:

type (a)

$$\begin{aligned} \langle (a\bar{b})_\lambda | V^{eff} | (c\bar{d})_\lambda \rangle &= \delta_{m_h, m_p} (-)^{k_a+k_b+k_c+k_d} (-)^{m_b-m_d} \\ &\quad \langle j_a m_a j_b - m_b | \lambda \mu \rangle \langle j_c m_c j_d - m_d | \lambda \mu \rangle V_{m_h m_a m_d, m_p m_b m_c} \end{aligned} \quad (0.1)$$

With a tensor operator coupled in the form:

$$(\sqrt{4\pi})^3 [T_1^{(\lambda_1)}(1) \otimes [T_2^{(\lambda_2)}(2) \otimes T_3^{(\lambda_3)}(3)]^{(\lambda_1)}]^{(0)} \quad (0.2)$$

The **type (a)** matrix element requires that $T_1^{(\lambda_1)} = Y^{(0)}$, as only this gives a non-vanishing contribution. This allows the interaction being brought into the form

$$V = 4\pi [\bar{T}_1^\lambda \odot \bar{T}_2^\lambda] \quad (0.3)$$

Then, using (2.1) from the V-18 write-up, the matrix element including the "Ring"-phase is given as

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \int r_i^2 dr_i R_h(r_i) R_p(r_i) \\ &\quad \times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || \bar{T}_1^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || \bar{T}_2^\lambda || h_2 \rangle \right] \end{aligned} \quad (0.4)$$

Those terms that depend on all three σ 's do not contribute here. The terms that depend on two σ 's need to be split into the three types:

σ type

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{eff, \sigma, \lambda} | h_2 \bar{p}_2 \rangle &= K^{eff, \ell} (r_j, r_k) \\ &\quad \times (-)^{(\ell+1+\lambda)} \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || [Y^\ell \sigma_j]^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || [Y^\ell \sigma_k]^\lambda || h_2 \rangle \right] \end{aligned} \quad (0.5)$$

tensor type

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{eff, \sigma, \lambda} | h_2 \bar{p}_2 \rangle &= K^{eff, \ell_1, \ell_2} (r_j, r_k) \sqrt{6} \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | 20 \rangle (i)^{\ell_1 + \ell_2} \begin{Bmatrix} 1 & 1 & 2 \\ \ell_1 & \ell_2 & \lambda \end{Bmatrix} \\ &\quad \times \left[\sqrt{4\pi} \frac{(-)^{k_{p_1}}}{\hat{\lambda}} \langle p_1 || [Y^{\ell_1} \sigma_j]^\lambda || h_1 \rangle \right] \left[\sqrt{4\pi} \frac{(-)^{k_{p_2}}}{\hat{\lambda}} \langle p_2 || [Y^{\ell_2} \sigma_k]^\lambda || h_2 \rangle \right] \end{aligned} \quad (0.6)$$

k=1 type

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{eff, \sigma, \lambda} | h_2 \bar{p}_2 \rangle &= K^{eff, \ell} (r_j, r_k) \begin{Bmatrix} 1 & 1 & 1 \\ \ell & \ell & \lambda \end{Bmatrix} \\ &\quad \times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || [Y^\ell \sigma_j]^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || [Y^\ell \sigma_k]^\lambda || h_2 \rangle \right] \end{aligned} \quad (0.7)$$

type (b)

$$\begin{aligned} \langle (a\bar{b})_\lambda | V^{eff,X} | (c\bar{d})_\lambda \rangle &= -\delta_{m_h, m_p} (-)^{k_a+k_b+k_c+k_d} (-)^{m_b-m_d} \\ &\quad \langle j_a m_a j_b - m_b | \lambda \mu \rangle \langle j_c m_c j_d - m_d | \lambda \mu \rangle V_{m_h m_a m_d, m_b m_p m_c} \end{aligned} \quad (8.8)$$

With a tensor operator coupled in the form:

$$\left(\sqrt{4\pi} \right)^3 \left[T_1^{(\lambda_1)}(1) \otimes [T_2^{(\lambda_2)}(2) \otimes T_3^{(\lambda_3)}(3)]^{(\lambda_1)} \right]^{(0)} \quad (9.9)$$

we calculate the **type (b)** matrix element using (4.4) of the vtai paper

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{X,\lambda} | h_2 \bar{p}_2 \rangle &= (-)^{(k_{p_1}+k_{h_1}+k_h+\lambda_1+\lambda_2+\lambda)} \frac{\hat{\lambda}_1 \hat{\lambda}_2}{\hat{\lambda}} \left\{ \begin{matrix} \lambda_1 & \lambda_2 & \lambda \\ j_{p_1} & j_{h_1} & j_h \end{matrix} \right\} \\ &\quad \times \left\{ \left[\frac{(-)^{k_h} \sqrt{4\pi}}{\hat{\lambda}_1} \langle h || T_1^{\lambda_1} || h_1 \rangle \right] \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}_2} \langle p_1 || T_2^{\lambda_2} || h \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || T_3^\lambda || h_2 \rangle \right] \right. \\ &\quad + \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}_2} \langle p_1 || T_1^{\lambda_2} || h \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || T_2^\lambda || h_2 \rangle \right] \left[\frac{(-)^{k_h} \sqrt{4\pi}}{\hat{\lambda}_1} \langle h || T_3^{\lambda_1} || h_1 \rangle \right] \\ &\quad \left. + \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || T_1^\lambda || h_2 \rangle \right] \left[\frac{(-)^{k_h} \sqrt{4\pi}}{\hat{\lambda}_1} \langle h || T_2^{\lambda_1} || h_1 \rangle \right] \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}_2} \langle p_1 || T_3^{\lambda_2} || h \rangle \right] \right\} \end{aligned} \quad (10.1)$$

In addition to these two, we need the (pp)-coupled matrix elements formed from these two types:

$$\langle (a, b)_K | V^{eff} | (c, d)_K \rangle = (-)^{K+1} \sum_\lambda (2\lambda + 1) \left\{ \begin{matrix} j_a & j_b & K \\ j_d & j_c & \lambda \end{matrix} \right\} \langle a\bar{c} | V^{eff,\lambda} | d\bar{b} \rangle \quad (11.1)$$

Before we go into the details we work out some operator identities:

$$\vec{r}_{ij} = \sqrt{\frac{4\pi}{3}} r_{ij} Y^{(1)}(\hat{r}_{ij}) \quad (12.1)$$

Scalar or vector products are converted as

$$\vec{A} \cdot \vec{B} = -\sqrt{3} [A^{(1)} \otimes B^{(1)}]^{(0)} \quad (13.1)$$

$$[A^{(k)} \odot B^{(k)}] = (-)^k \hat{k} [A^{(k)} \otimes B^{(k)}] \quad (14.1)$$

$$\vec{A} \times \vec{B} = i\sqrt{2} [A^{(1)} \otimes B^{(1)}]^{(1)} \quad (15.1)$$

Spherical harmonics are combined as

$$[Y^{(k_1)}(\hat{r}) \otimes Y^{(k_2)}(\hat{r})]_\mu^{(k_3)} = \frac{\hat{k}_1 \hat{k}_2}{\sqrt{4\pi} \hat{k}_3} \langle k_1 0 k_2 0 | k_3 0 \rangle Y_\mu^{(k_3)}(\hat{r}) \quad (16.1)$$

We use the basic equation (2.2) from V-18 write-up:

$$\begin{aligned} V(r_{12}) Y^{(J)}(\hat{r}_{12}) &= \frac{2}{\pi} \int q^2 dq \tilde{V}^J(q) \sum_{\ell_1, \ell_2} \frac{\hat{\ell}_1 \hat{\ell}_2}{\hat{J}} \frac{1}{\sqrt{4\pi}} \langle \ell_1 0 \ell_2 0 | J 0 \rangle \\ &\quad \times j_{\ell_1}(qr_1) j_{\ell_2}(qr_2) (i)^{(\ell_1-\ell_2-J)} 4\pi [Y^{(\ell_1)}(\hat{r}_1) \otimes Y^{(\ell_2)}(\hat{r}_2)]^{(J)} \end{aligned}$$

with

$$\tilde{V}^J(q) = \int V(r) j_J(qr) r^2 dr$$

The integration over q can now be expressed as the kernel

$$T_{n,m}^{V,J,\ell_1,\ell_2} = \sum_i H_n^{\ell_1}(q_i) H_m^{\ell_2}(q_i) \tilde{V}^J(q_i) q_i^2 w_i \quad (0.17)$$

$$\begin{aligned} F_V^{J,\ell_1,\ell_2}(r_i, r_j) &= \sum_{n,m} H_n^{\ell_1}(r_i) T_{n,m}^{V,J,\ell_1,\ell_2} H_m^{\ell_2}(r_j) \\ K_V^{J,\ell_1,\ell_2}(r_i, r_j) &= \langle \ell_1 0 \ell_2 0 | J 0 \rangle (i)^{(\ell_1 - \ell_2 - J)} \frac{\hat{\ell}_1 \hat{\ell}_2}{\hat{J}} F_V^{J,\ell_1,\ell_2}(r_i, r_j) \end{aligned} \quad (0.18)$$

which has the symmetry

$$K_V^{J,\ell_1,\ell_2}(r_i, r_j) = (-)^{(\ell_1 - \ell_2)} K_V^{J,\ell_2,\ell_1}(r_j, r_i) \quad (0.19)$$

Finally,

$$V(r_{ij}) Y^{(J)}(\hat{r}_{ij}) = \sqrt{4\pi} \sum_{\ell_1, \ell_2} K_V^{J,\ell_1,\ell_2}(r_i, r_j) [Y^{(\ell_1)}(\hat{r}_i) \otimes Y^{(\ell_2)}(\hat{r}_j)]^{(J)}$$

I. P-WAVE TWO-PION-EXCHANGE

We take the two-pion exchange interaction from our paper on V-tni (eqn.2.29) as:

$$\begin{aligned} V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= 9(\sqrt{4\pi})^3 \sum_{K_2, K_3} \langle 1010 | K_2 0 \rangle \langle 1010 | K_3 0 \rangle K_{2\pi}^{K_2, \ell_1, \ell_2}(r_i, r_j) K_{2\pi}^{K_3, \ell_3, \ell_4}(r_i, r_k) \langle \ell_1 0 \ell_4 0 | L 0 \rangle \\ &\times (-)^{(\ell_2 + \lambda_2 + \ell_3 + \lambda_3)} \hat{K}_2 \hat{K}_3 \hat{\lambda}_2 \hat{\lambda}_3 \hat{\ell}_1 \hat{\ell}_4 \hat{\lambda}_1 \hat{S} \left\{ \begin{matrix} \ell_1 & 1 & \lambda_2 \\ \ell_4 & 1 & \lambda_3 \\ L & S & \lambda_1 \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_2 & K_2 \\ 1 & 1 & \lambda_2 \end{matrix} \right\} \left\{ \begin{matrix} \ell_4 & \ell_3 & K_3 \\ 1 & 1 & \lambda_3 \end{matrix} \right\} \\ &\times \left[\left[Y^{(L)}(\hat{r}_i) \otimes [\sigma_i^{(1)} \otimes \sigma_i^{(1)}]^{(S)} \right]^{(\lambda_1)} \otimes \left[[Y^{(\ell_2)}(\hat{r}_j) \otimes \sigma_j^{(1)}]^{(\lambda_2)} \otimes [Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)}]^{(\lambda_3)} \right]^{(\lambda_1)} \right]^{(0)} \end{aligned} \quad (1.1)$$

In segment C we deal with the Commutator-term with a strength of $A_{2\pi}/4$. In segment A and B we deal with the anti-commutator term which requires $S = 0$. Here we use that $[\sigma \otimes \sigma]^{(0)} = -\sqrt{3}$. After evaluating the 9-j-symbol and using a factor 2 from the anti-commutator and a factor 2 from the τ -anti-commutator we find the interaction as:

$$\begin{aligned} V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= 36 A_{2\pi} (\sqrt{4\pi})^3 \sum_{K_2, K_3} \langle 1010 | K_2 0 \rangle \langle 1010 | K_3 0 \rangle K_{2\pi}^{K_2, \ell_1, \ell_2}(r_i, r_j) K_{2\pi}^{K_3, \ell_3, \ell_4}(r_i, r_k) \langle \ell_1 0 \ell_4 0 | L 0 \rangle \\ &\times (-)^{(\ell_2 + \lambda_2 + \ell_3 + \lambda_1 + \ell_1)} \hat{K}_2 \hat{K}_3 \hat{\lambda}_2 \hat{\lambda}_3 \hat{\ell}_1 \hat{\ell}_4 \left\{ \begin{matrix} \lambda_2 & \ell_1 & 1 \\ \ell_4 & \lambda_3 & \lambda_1 \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_2 & K_2 \\ 1 & 1 & \lambda_2 \end{matrix} \right\} \left\{ \begin{matrix} \ell_4 & \ell_3 & K_3 \\ 1 & 1 & \lambda_3 \end{matrix} \right\} \\ &\times \left[Y^{(\lambda_1)}(\hat{r}_i) \otimes \left[[Y^{(\ell_2)}(\hat{r}_j) \otimes \sigma_j^{(1)}]^{(\lambda_2)} \otimes [Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)}]^{(\lambda_3)} \right]^{(\lambda_1)} \right]^{(0)} \langle \vec{r}_j \vec{r}_k \rangle \end{aligned} \quad (1.2)$$

A) P-WAVE ANTI-COMMUTATOR TERM

The **type (a)** matrix element is derived from the above interaction setting $L = 0$. From that it follows that $\lambda_1 = 0$ and $\ell_1 = \ell_4$ as well as $\lambda_3 = \lambda_2 =: \lambda$. We also convert the K's into F's and find

$$\begin{aligned} V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 36(4\pi) \sum_{K_2, K_3} \langle 1010 | K_2 0 \rangle \langle 1010 | K_3 0 \rangle K_{2\pi}^{K_2, \ell_1, \ell_2}(r_i, r_j) K_{2\pi}^{K_3, \ell_3, \ell_1}(r_i, r_k) \\ &\times (-)^{\lambda + 1 + \ell_1} \hat{K}_2 \hat{K}_3 \left\{ \begin{matrix} \ell_1 & \ell_2 & K_2 \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_3 & K_3 \\ 1 & 1 & \lambda \end{matrix} \right\} \\ &\times \left[[Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [Y^{(\ell_3)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle \end{aligned} \quad (1.3)$$

or

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 36 \sum_{K_2, K_3} \langle 1010|K_2 0 \rangle \langle 1010|K_3 0 \rangle F_{2\pi}^{K_2, \ell_1, \ell_2}(r_i, r_j) F_{2\pi}^{K_3, \ell_3, \ell_1}(r_i, r_k) \\
&\times (-)^{\lambda+1+\ell_2} \langle \ell_1 0 \ell_2 0 | K_2 0 \rangle \langle \ell_1 0 \ell_3 0 | K_3 0 \rangle \left\{ \begin{matrix} \ell_1 & \ell_2 & K_2 \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_3 & K_3 \\ 1 & 1 & \lambda \end{matrix} \right\} \\
&(i)^{(\ell_2 - \ell_3 + K_2 - K_3)} \hat{\ell}_2 \hat{\ell}_3 (2\ell_1 + 1) \\
&\times (4\pi) \left[[Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [Y^{(\ell_3)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.4}$$

We treat the four resulting cases separately starting with
case $K_2=0, K_3=0$

This requires $\ell_1 = \ell_2 =: \ell$ and $\ell_1 = \ell_3 = \ell$.

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 4 F_{2\pi}^{0, \ell, \ell}(r_i, r_j) F_{2\pi}^{0, \ell, \ell}(r_i, r_k) \\
&\times (-)^{\ell+\lambda+1} \left[[\sqrt{4\pi} Y^{(\ell)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.5}$$

This term is added to the $\sigma\sigma$ -interaction.

cases $K_2=0, K_3=2$, and $K_2=2, K_3=0$

Both those cases add to the tensor interaction.
defining:

$$t l^{\lambda, \ell_1, \ell_2} = \sqrt{6} \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | 20 \rangle (i)^{\ell_1 + \ell_2} \left\{ \begin{matrix} \ell_1 & \ell_2 & 2 \\ 1 & 1 & \lambda \end{matrix} \right\} \tag{1.6}$$

we obtain

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 4 F_{2\pi}^{0, \ell_2, \ell_2}(r_i, r_j) F_{2\pi}^{2, \ell_3, \ell_2}(r_i, r_k) t l^{\lambda, \ell_2, \ell_3} \\
&\times \left[[\sqrt{4\pi} Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell_3)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.7}$$

and

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 4 F_{2\pi}^{2, \ell_2, \ell_3}(r_i, r_j) F_{2\pi}^{0, \ell_2, \ell_2}(r_i, r_k) t l^{\lambda, \ell_2, \ell_3} \\
&\times \left[[\sqrt{4\pi} Y^{(\ell_3)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell_2)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.8}$$

case $K_2=2, K_3=2$

This case will be split into three separate cases. Using

$$\begin{aligned}
&(-)^{j_1 + j_2 + j_1' + j_2' + j_1'' + j_2'' + J} \left\{ \begin{matrix} j_1 & j_2 & J \\ j_1'' & j_2'' & \lambda_1 \end{matrix} \right\} \left\{ \begin{matrix} j_1' & j_2' & J \\ j_1'' & j_2'' & \lambda_2 \end{matrix} \right\} \\
&= \sum_k (-)^{\lambda_1 + \lambda_2 + k} (2k + 1) \left\{ \begin{matrix} j_1 & j_1' & k \\ j_2' & j_2 & J \end{matrix} \right\} \left\{ \begin{matrix} \lambda_1 & \lambda_2 & k \\ j_1' & j_1 & j_2'' \end{matrix} \right\} \left\{ \begin{matrix} \lambda_1 & \lambda_2 & k \\ j_2' & j_2 & j_1'' \end{matrix} \right\}
\end{aligned} \tag{1.9}$$

with $J = \ell_1$, $j_1'' = 1$ and $j_2'' = \lambda$, $\lambda_1 = 1$, $\lambda_2 = 1$, $j_1 = \ell_2$, $j_2 = 2$, $j_1' = \ell_3$, and $j_2' = 2$.

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 24 F_{2\pi}^{2, \ell_1, \ell_2}(r_i, r_j) F_{2\pi}^{2, \ell_3, \ell_1}(r_i, r_k) \langle \ell_1 0 \ell_2 0 | 20 \rangle \langle \ell_1 0 \ell_3 0 | 20 \rangle \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_1 \hat{\ell}_3 \\
&\times (i)^{(\ell_2 - \ell_3)} (-)^{(\lambda+1+\ell_2)} \sum_k (-)^{\ell_1 + \ell_2 + \ell_3 + \lambda + 1 + k} (2k + 1) \left\{ \begin{matrix} \ell_2 & \ell_3 & k \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_2 & \ell_3 & k \\ 2 & 2 & \ell_1 \end{matrix} \right\} \left\{ \begin{matrix} 2 & 2 & k \\ 1 & 1 & 1 \end{matrix} \right\} \\
&\times \left[[\sqrt{4\pi} Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell_3)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.10}$$

Here k is limited to the values $k=0, 1, 2$ due to selection rules in the first 6j-symbol. Here again, the $k=0$ term contributes to the $\sigma\sigma$ interaction, and the $k=2$ term contributes to the tensor interaction.

case $k=0$

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} \frac{8}{5} F_{2\pi}^{2, \ell_1, \ell_2}(r_i, r_j) F_{2\pi}^{2, \ell_2, \ell_1}(r_i, r_k) (2\ell_1 + 1) \\
&\times (-)^{\lambda+1+\ell_2} \left[[\sqrt{4\pi} Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell_2)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.11}$$

case $k=2$

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} 4\sqrt{\frac{7}{2}} F_{2\pi}^{2,\ell_1,\ell_2}(r_i, r_j) F_{2\pi}^{2,\ell_3,\ell_1}(r_i, r_k) t^{\lambda,\ell_2,\ell_3} \\
&\times (2\ell_1 + 1)(-)^{\ell_1} \left\{ \begin{matrix} \ell_2 & \ell_3 & 2 \\ 2 & 2 & \ell_1 \end{matrix} \right\} \frac{\langle \ell_1 0 \ell_2 0 | 20 \rangle \langle \ell_1 0 \ell_3 0 | 20 \rangle}{\langle \ell_2 0 \ell_3 0 | 20 \rangle} \\
&\times \left[[\sqrt{4\pi} Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell_3)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.12}$$

case $k=1$

For the $k = 1$ term the first 6j-symbol requires that $|\ell_2 - \ell_3| \leq 1$ which together with $\ell_2 + \ell_3 = \text{even}$ requires $\ell_2 = \ell_3$.

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= A_{2\pi} \frac{36}{\sqrt{5}} F_{2\pi}^{2,\ell_1,\ell_2}(r_i, r_j) F_{2\pi}^{2,\ell_2,\ell_1}(r_i, r_k) \\
&\times (2\ell_1 + 1)(2\ell_2 + 1) \langle \ell_1 0 \ell_2 0 | 20 \rangle^2 \left\{ \begin{matrix} \ell_2 & \ell_2 & 1 \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_2 & \ell_2 & 1 \\ 2 & 2 & \ell_1 \end{matrix} \right\} \\
&\times \left[[\sqrt{4\pi} Y^{(\ell_2)} \sigma_j]^{(\lambda)} \odot [\sqrt{4\pi} Y^{(\ell_2)} \sigma_k]^{(\lambda)} \right] \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.13}$$

MORE ANTI-COMMUTATOR TERMS

The **type b** matrix elements no longer have the restriction of $L = 0$.

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= 36 A_{2\pi} (\sqrt{4\pi})^3 \sum_{K_2, K_3} \langle 1010 | K_2 0 \rangle \langle 1010 | K_3 0 \rangle K_{2\pi}^{K_2, \ell_1, \ell_2}(r_i, r_j) K_{2\pi}^{K_3, \ell_3, \ell_4}(r_i, r_k) \langle \ell_1 0 \ell_4 0 | L 0 \rangle \\
&\times (-)^{(\ell_2 + \lambda_2 + \ell_3 + \lambda_1 + \ell_1)} \hat{K}_2 \hat{K}_3 \hat{\lambda}_2 \hat{\lambda}_3 \hat{\ell}_1 \hat{\ell}_4 \left\{ \begin{matrix} \lambda_2 & \ell_1 & 1 \\ \ell_4 & \lambda_3 & \lambda_1 \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_2 & K_2 \\ 1 & 1 & \lambda_2 \end{matrix} \right\} \left\{ \begin{matrix} \ell_4 & \ell_3 & K_3 \\ 1 & 1 & \lambda_3 \end{matrix} \right\} \\
&\times \left[Y^{(\lambda_1)}(\hat{r}_i) \otimes \left[[Y^{(\ell_2)}(\hat{r}_j) \otimes \sigma_j^{(1)}]^{(\lambda_2)} \otimes [Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)}]^{(\lambda_3)} \right]^{(\lambda_1)} \right]^{(0)} \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.14}$$

Similar to (3.12) we define a kernel

$$\tilde{K}^{\lambda, \ell_1 \ell_2}(r_i, r_j) := \sum_k \hat{k} \hat{\lambda} \langle 1010 | k 0 \rangle \left\{ \begin{matrix} \ell_1 & \ell_2 & k \\ 1 & 1 & \lambda \end{matrix} \right\} K^{k, \ell_1, \ell_2}(r_i, r_j) \tag{1.15}$$

We leave out the integration part and put it into the wave function by making the replacement:

$$R(x_i) \rightarrow x_i \sqrt{w_i} R(x_i) \tag{1.16}$$

We now write the interaction as

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= 36 A_{2\pi} (\sqrt{4\pi})^3 \tilde{K}_{2\pi}^{\lambda_2, \ell_1, \ell_2}(r_i, r_j) \tilde{K}_{2\pi}^{\lambda_3, \ell_3, \ell_4}(r_i, r_k) \langle \ell_1 0 \ell_4 0 | L 0 \rangle \\
&\times (-)^{(\ell_2 + \lambda_2 + \ell_3 + \lambda_1 + \ell_1)} \ell_1 \hat{\ell}_4 \left\{ \begin{matrix} \lambda_2 & \ell_1 & 1 \\ \ell_4 & \lambda_3 & \lambda_1 \end{matrix} \right\} \\
&\times \left[Y^{(\lambda_1)}(\hat{r}_i) \otimes \left[[Y^{(\ell_2)}(\hat{r}_j) \otimes \sigma_j^{(1)}]^{(\lambda_2)} \otimes [Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)}]^{(\lambda_3)} \right]^{(\lambda_1)} \right]^{(0)} \langle \vec{r}_j \vec{r}_k \rangle
\end{aligned} \tag{1.17}$$

Now we need to use (0.10) to evaluate the matrix elements.

P-WAVE COMMUTATOR TERM

From our paper on vtni (2.29) with $J = \lambda_1$ and $S = 1$ we take it as

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= 9(\sqrt{4\pi})^3 \sum_{K_2, K_3} \langle 1010|K_2 0 \rangle \langle 1010|K_3 0 \rangle K_{K_2}^{K_2, \ell_1, \ell_2}(r_i, r_j) K_{K_3}^{K_3, \ell_3, \ell_4}(r_i, r_k) \\
&\times (-)^{(\ell_2 + \lambda_2 + \ell_3 + \lambda_3)} \hat{K}_2 \hat{K}_3 \hat{\lambda}_2 \hat{\lambda}_3 \hat{\ell}_1 \hat{\ell}_4 \hat{\lambda}_1 \sqrt{3} \begin{Bmatrix} \ell_1 & 1 & \lambda_2 \\ \ell_4 & 1 & \lambda_3 \\ L & 1 & \lambda_1 \end{Bmatrix} \begin{Bmatrix} \ell_1 & \ell_2 & K_2 \\ 1 & 1 & \lambda_2 \end{Bmatrix} \begin{Bmatrix} \ell_4 & \ell_3 & K_3 \\ 1 & 1 & \lambda_3 \end{Bmatrix} \\
&\times \left[\left[Y^{(L)}(\hat{r}_i) \otimes [\sigma_i^{(1)} \otimes \sigma_i^{(1)}]^{(1)} \right]^{(\lambda_1)} \otimes \left[\left[Y^{(\ell_2)}(\hat{r}_j) \otimes \sigma_j^{(1)} \right]^{(\lambda_2)} \otimes \left[Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)} \right]^{(\lambda_3)} \right]^{(\lambda_1)} \right]^{(0)} \quad (1.18)
\end{aligned}$$

Exchanging \vec{r}_j and \vec{r}_k leads to a phase of $(-)^S$. Thus, for the commutator term we have $S = 1$ while for the anti-commutator we have $S = 0$. Both of those obtain a factor 2 because of the commutator, however, the factor $\frac{1}{4}$ in the strength brings this to a factor $\frac{1}{2}$. Further we use

$$[\sigma_i^{(1)} \otimes \sigma_i^{(1)}]^{(1)} = \sqrt{2} \sigma_i^{(1)} \quad (1.19)$$

Also, we use \tilde{K} as defined in the previous section.

$$\begin{aligned}
V^{2\pi,P,C}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= \sqrt{\frac{3}{2}} 9(\sqrt{4\pi})^3 \tilde{K}^{\lambda_2, \ell_1, \ell_2}(r_i, r_j) \tilde{K}^{\lambda_3, \ell_3, \ell_4}(r_i, r_k) \\
&\times (-)^{(\ell_2 + \lambda_2 + \ell_3 + \lambda_3)} \hat{\ell}_1 \hat{\ell}_4 \hat{\lambda}_1 \begin{Bmatrix} \ell_1 & 1 & \lambda_2 \\ \ell_4 & 1 & \lambda_3 \\ L & 1 & \lambda_1 \end{Bmatrix} \\
&\times \left[\left[Y^{(L)}(\hat{r}_i) \otimes \sigma_i^{(1)} \right]^{(\lambda_1)} \otimes \left[\left[Y^{(\ell_2)}(\hat{r}_j) \otimes \sigma_j^{(1)} \right]^{(\lambda_2)} \otimes \left[Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)} \right]^{(\lambda_3)} \right]^{(\lambda_1)} \right]^{(0)} \quad (1.20)
\end{aligned}$$

Finally Using this we obtain a sum of three terms

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{X,\lambda} | h_2 \bar{p}_2 \rangle &= 9 \sqrt{\frac{3}{2}} (-)^{(k_{p_1} + k_{h_1} + k_h + \ell_2 + \ell_3)} \frac{\hat{\lambda}_1 \hat{\lambda}_2}{\hat{\lambda}} \begin{Bmatrix} \lambda_1 & \lambda_2 & \lambda \\ j_{p_1} & j_{h_1} & j_h \end{Bmatrix} \hat{\ell}_1 \hat{\ell}_4 \langle \ell_1 0 \ell_4 0 | L 0 \rangle \\
&\times \left\{ (-)^{\lambda_1} \hat{\lambda}_1 \begin{Bmatrix} \ell_1 & 1 & \lambda_2 \\ \ell_4 & 1 & \lambda \\ L & 1 & \lambda_1 \end{Bmatrix} \right. \\
&\times \frac{\sqrt{4\pi}(-)^{k_h}}{\hat{\lambda}_1} \langle h || [Y^{(L)} \sigma]^{(\lambda_1)} || h_1 \rangle \frac{\sqrt{4\pi}(-)^{k_{p_1}}}{\hat{\lambda}_2} \langle p_1 || [Y^{(\ell_2)} \sigma]^{(\lambda_2)} || h \rangle \frac{\sqrt{4\pi}(-)^{k_{p_2}}}{\hat{\lambda}} \langle p_2 || [Y^{(\ell_3)} \sigma]^{(\lambda)} || h_2 \rangle \\
&\times \tilde{K}^{\lambda_2, \ell_1, \ell_2}(r_i, r_j) \tilde{K}^{\lambda_3, \ell_3, \ell_4}(r_i, r_k) R_h(r_i) R_{h_1}(r_i) R_{p_1}(r_j) R_h(r_j) R_{p_2}(r_k) R_{h_2}(r_k) \\
&+ (-)^{\lambda_2} \hat{\lambda}_2 \begin{Bmatrix} \ell_1 & 1 & \lambda \\ \ell_4 & 1 & \lambda_1 \\ L & 1 & \lambda_2 \end{Bmatrix} \\
&\times \frac{\sqrt{4\pi}(-)^{k_{p_1}}}{\hat{\lambda}_2} \langle p_1 || [Y^{(L)} \sigma]^{(\lambda_2)} || h \rangle \frac{\sqrt{4\pi}(-)^{k_{p_2}}}{\hat{\lambda}} \langle p_2 || [Y^{(\ell_2)} \sigma]^{(\lambda)} || h_2 \rangle \frac{\sqrt{4\pi}(-)^{k_h}}{\hat{\lambda}_1} \langle h || [Y^{(\ell_3)} \sigma]^{(\lambda_1)} || h_1 \rangle \\
&\times \tilde{K}^{\lambda_1, \ell_1, \ell_2}(r_i, r_j) \tilde{K}^{\lambda_1, \ell_3, \ell_4}(r_i, r_k) R_h(r_i) R_{p_1}(r_i) R_{h_1}(r_k) R_h(r_k) R_{p_2}(r_j) R_{h_2}(r_j) \\
&(-)^{\lambda} \hat{\lambda} \begin{Bmatrix} \ell_1 & 1 & \lambda_1 \\ \ell_4 & 1 & \lambda_2 \\ L & 1 & \lambda \end{Bmatrix} \\
&\times \frac{\sqrt{4\pi}(-)^{k_{p_2}}}{\hat{\lambda}} \langle p_2 || [Y^{(L)} \sigma]^{(\lambda)} || h_2 \rangle \frac{\sqrt{4\pi}(-)^{k_h}}{\hat{\lambda}_1} \langle h || [Y^{(\ell_2)} \sigma]^{(\lambda_1)} || h_1 \rangle \frac{\sqrt{4\pi}(-)^{k_{p_1}}}{\hat{\lambda}_2} \langle p_1 || [Y^{(\ell_3)} \sigma]^{(\lambda_2)} || h \rangle \\
&\times \tilde{K}^{\lambda_1, \ell_1, \ell_2}(r_i, r_j) \tilde{K}^{\lambda_2, \ell_3, \ell_4}(r_i, r_k) R_h(r_j) R_{h_1}(r_j) R_{p_1}(r_k) R_h(r_k) R_{p_2}(r_i) R_{h_2}(r_i) \left. \right\} \quad (1.21)
\end{aligned}$$

S-WAVE TERM

From Pieper et al. we take it as

$$\sum_{cyc} Z(r_{ij})Z(r_{kj})\vec{\sigma}_i\hat{r}_{ij} \vec{\sigma}_k\hat{r}_{kj}$$

with Z composed from the Y and T from the P-wave term as

$$Z(x) = \frac{x}{3} [Y(x) - T(x)]$$

We need here

$$\vec{\sigma}_i \cdot \hat{r}_{ij} Z(r_{ij}) = 4\pi \sum_{\ell_1, \ell_2} K_{Zr}^{1, \ell_1, \ell_2}(r_i, r_j) \left[Y^{(\ell_2)}(\hat{r}_j) \otimes [Y^{(\ell_1)}(\hat{r}_i) \otimes \sigma_i^{(1)}]^{(\ell_2)} \right]^{(0)} \quad (1.22)$$

We now put the various parts together and recouple

$$\begin{aligned} V^{2\pi, S}(\vec{r}_i, \vec{r}_j, \vec{r}_k) &= \left(\sqrt{4\pi} \right)^3 \sum_{\ell_1, \ell_2} \sum_{\ell_3, \ell_4} \sum_k K_{Zr}^{1, \ell_1, \ell_2}(r_i, r_j) K_{Zr}^{1, \ell_3, \ell_4}(r_k, r_j) \langle \ell_2 0 \ell_4 0 | k 0 \rangle \\ &\times \left[Y^{(k)}(\hat{r}_j) \otimes \left[[Y^{(\ell_1)}(\hat{r}_i) \otimes \sigma_i^{(1)}]^{(\ell_2)} \otimes [Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)}]^{(\ell_4)} \right]^{(k)} \right]^{(0)} \end{aligned}$$

where

$$\tilde{Z}r(q) = \int (r Z(r)) j_1(qr) r^2 dr$$

The **type (a)** matrix element requires $k = 0$ and thus $\ell_2 = \ell_4$.

$$\begin{aligned} V^{2\pi, S}(\vec{r}_i, \vec{r}_k) &= 4\pi \sum_{\ell_1, \ell_2} \sum_{\ell_4} \frac{(-)^{\ell_2}}{\hat{\ell}_2} \int r_j^2 dr_j K_{Zr}^{1, \ell_1, \ell_2}(r_i, r_j) K_{Zr}^{1, \ell_3, \ell_2}(r_k, r_j) \sum_h R_h^2(r_j) \\ &\times \left[[Y^{(\ell_1)}(\hat{r}_i) \otimes \sigma_i^{(1)}]^{(\ell_2)} \otimes [Y^{(\ell_3)}(\hat{r}_k) \otimes \sigma_k^{(1)}]^{(\ell_2)} \right]^{(0)} \end{aligned}$$

We write this in terms of the G's, and use

$$\langle \ell_1 0 \lambda 0 | 10 \rangle \langle \ell_3 0 \lambda 0 | 10 \rangle = 3(-)^{\ell_1 + \ell_3 + \lambda} \sum_k \left\{ \begin{matrix} \ell_1 & 1 & \lambda \\ 1 & \ell_3 & k \end{matrix} \right\} \langle \ell_1 0 \ell_3 0 | k 0 \rangle \langle 10 10 | k 0 \rangle$$

the matrix element is given as

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{S, \lambda} | h_2 \bar{p}_2 \rangle &= \sum_{\ell_1, \ell_3} 3(-)^{\ell_1 + \ell_3 + \lambda} \sum_k \left\{ \begin{matrix} \ell_1 & 1 & \lambda \\ 1 & \ell_3 & k \end{matrix} \right\} \langle \ell_1 0 \ell_3 0 | k 0 \rangle \langle 10 10 | k 0 \rangle \\ &\frac{1}{2\lambda + 1} \int r_j^2 dr_j G_{Zr}^{1, \ell_1, \lambda}(r_i, r_j) G_{Zr}^{1, \ell_3, \lambda}(r_k, r_j) \sum_h R_h^2(r_j) \\ &\times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || [Y^{(\ell_1)} \sigma_i]^{(\lambda)} || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || [Y^{(\ell_3)} \sigma_k]^{(\lambda)} || h_2 \rangle \right] \quad (1.23) \end{aligned}$$

The iso-spin dependence is identical to that of the anti-commutator term in the $A^{2\pi, P}$. Thus with $k = 0$ this adds to the $\sigma\sigma$ interaction, and with $k = 2$ this adds to the tensor interaction.

The **type (b)** matrix element is obtained as

$$\begin{aligned} \langle p_1 \bar{h}_1 | V^{SX, \lambda} | h_2 \bar{p}_2 \rangle &= \left(\sqrt{4\pi} \right)^3 (-)^{(k_{p_2} + k_{h_1} + \lambda_1 + \lambda_2 + \lambda)} \frac{\hat{\lambda}_1 \hat{\lambda}_2}{\hat{\lambda}} \left\{ \begin{matrix} \lambda_1 & \lambda_2 & \lambda \\ j_{p_1} & j_{h_1} & j_h \end{matrix} \right\} \\ &\times \left\{ \sum_{\ell_1, \ell_2} \sum_{\ell_3, \ell_4} \sum_k (-)^k K_{Zr}^{1, \ell_1, \ell_2}(r_i, r_j) K_{Zr}^{1, \ell_3, \ell_4}(r_j, r_k) \langle \ell_2 0 \ell_3 0 | k 0 \rangle \right. \\ &\left. \frac{1}{\hat{\lambda}_1} \langle h || T_1^{\lambda_1} || h_1 \rangle \frac{1}{\hat{\lambda}_2} \langle p_1 || T_2^{\lambda_2} || h \rangle \frac{1}{\hat{\lambda}} \langle p_2 || T_3^\lambda || h_2 \rangle \right\} \end{aligned}$$

$$\begin{aligned}
& + \sum_{\ell_1, \ell_2} \sum_{\ell_3, \ell_4} \sum_k (-)^k K_{Zr}^{1, \ell_1, \ell_2}(r_i, r_j) K_{Zr}^{1, \ell_3, \ell_4}(r_j, r_k) \langle \ell_2 0 \ell_3 0 | k 0 \rangle \\
& \frac{1}{\lambda_2} \langle p_1 || T_1^{\lambda_2} || h \rangle \frac{1}{\lambda} \langle p_2 || T_2^\lambda || h_2 \rangle \frac{1}{\lambda_1} \langle h || T_3^{\lambda_1} || h_1 \rangle \\
& + \sum_{\ell_1, \ell_2} \sum_{\ell_3, \ell_4} \sum_k (-)^k K_{Zr}^{1, \ell_1, \ell_2}(r_i, r_j) K_{Zr}^{1, \ell_3, \ell_4}(r_j, r_k) \langle \ell_2 0 \ell_3 0 | k 0 \rangle \\
& \left. \frac{1}{\lambda} \langle p_2 || T_1^\lambda || h_2 \rangle \frac{1}{\lambda_1} \langle h || T_2^{\lambda_1} || h_1 \rangle \frac{1}{\lambda_2} \langle p_1 || T_3^{\lambda_2} || h \rangle \right\} \quad (1.24)
\end{aligned}$$

THREE-PI-DELTA TERM

For this term we take the approximate form given in (3.31) as

$$\frac{50}{3} S_\sigma^I S_\tau^I + \frac{26}{3} A_\sigma^I A_\tau^I \quad (1.25)$$

From the appendix we take this (without the isospin part) as

$$S_\sigma^I = 2y(r_{ij})y(r_{jk})y(r_{ki}) \quad (1.26)$$

$$+ \frac{2}{3} \sum_{cyc} (r_{ij}^2 t_{ij} y(r_{jk})y(r_{ki}) + C_j^2 t(r_{ij})t(r_{jk})y(r_{ki})) \quad (1.27)$$

$$- \frac{2}{3} C_j C_k C_l t(r_{ij})t(r_{jk})t(r_{ki}) \quad (1.28)$$

$$+ \left[\sum_{cyc} \vec{\sigma}_i \vec{\sigma}_j \right] \left[\frac{2}{3} y_{ij} y_{jk} y_{ki} + \frac{1}{3} \sum_{cyc} r_{ij}^2 t_{ij} y_{jk} y_{ki} \right] \quad (1.29)$$

$$+ \frac{1}{3} \sum_{cyc} \vec{\sigma}_i \vec{\sigma}_k C_j^2 t_{ij} t_{jk} y_{ki} \quad (1.30)$$

$$- \frac{1}{3} \sum_{cyc} (\vec{\sigma}_i \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{r}_{ij} t_{ij} y_{ki} y_{jk} + \vec{\sigma}_i \cdot \vec{r}_{ki} \vec{\sigma}_j \cdot \vec{r}_{ki} t_{ki} y_{ij} y_{jk} + \vec{\sigma}_i \cdot \vec{r}_{jk} \vec{\sigma}_j \cdot \vec{r}_{jk} t_{jk} y_{ij} y_{ki}) \quad (1.31)$$

$$+ \frac{1}{3} \sum_{cyc} C_k \vec{\sigma}_i \cdot \vec{r}_{jk} \vec{\sigma}_j \cdot \vec{r}_{ki} t_{ki} t_{jk} y_{ij} \quad (1.32)$$

$$+ \frac{1}{3} \sum_{cyc} \vec{\sigma}_i \cdot \vec{a} \vec{\sigma}_j \cdot \vec{a} (t_{ij} t_{jk} y_{ki} + t_{ij} y_{jk} t_{ki} + C_k t_{ij} t_{jk} t_{ki}) \quad (1.33)$$

and

$$A_\sigma^I = \frac{i}{3} [\vec{\sigma}_i \cdot \vec{\sigma}_j \times \vec{\sigma}_k y_{ij} y_{jk} y_{ki} + \vec{\sigma}_i \cdot \vec{a} \vec{\sigma}_j \cdot \vec{a} \vec{\sigma}_k \cdot \vec{a} t_{ij} t_{jk} t_{ki}] \quad (1.34)$$

$$+ \frac{i}{3} \sum_{cyc} (\vec{\sigma}_i \times \vec{\sigma}_j \cdot \vec{r}_{ij} \vec{\sigma}_k \cdot \vec{r}_{ij} t_{ij} y_{jk} y_{ki} + \vec{\sigma}_i \cdot \vec{a} \vec{\sigma}_j \cdot \vec{\sigma}_k C_i t_{ij} y_{jk} t_{ki}) \quad (1.35)$$

$$+ \frac{i}{3} \sum_{cyc} \vec{\sigma}_i \cdot \vec{r}_{jk} \vec{\sigma}_k \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{a} t_{ij} t_{jk} y_{ki} \quad (1.36)$$

$$+ \frac{2i}{3} \sum_{cyc} \vec{\sigma}_i \cdot \vec{a} (C_i t_{ij} y_{jk} t_{ki} - C_j t_{ij} t_{jk} y_{ki} - C_k y_{ij} t_{jk} t_{ki} - C_j C_k t_{ij} t_{jk} t_{ki}) \quad (1.37)$$

where $\vec{a} = \vec{r}_{ij} \times \vec{r}_{jk} = \vec{r}_{jk} \times \vec{r}_{ki} = \vec{r}_{ki} \times \vec{r}_{ij}$ and $C_i = \vec{r}_{ij} \vec{r}_{ik}$.

For this section only three form factors are needed.

$$y_{ij} = 4\pi \frac{2}{\pi} \int q^2 dq \tilde{y}(q) \sum_\ell (-)^{\ell} \hat{\ell} j_\ell(qr_i) j_\ell(qr_j) [Y^{(\ell)}(\hat{r}_i) \otimes Y^{(\ell)}(\hat{r}_j)]^{(0)} \quad (1.38)$$

with

$$\tilde{y}(q) = \int r_{ij}^2 dr_{ij} y_{ij} j_0(qr_{ij}) \quad (1.39)$$

then we can write the separated form of this as

$$y_{ij} = 4\pi \sum_{\ell} (-)^{\ell} \hat{\ell} [Y^{(\ell)}(\hat{r}_i) \otimes Y^{(\ell)}(\hat{r}_j)]^{(0)} K_y^{\ell}(r_i, r_j) \quad (1.40)$$

with

$$K_y^{0,\ell}(r_i, r_j) = \sum_{n,m} H_n^{\ell}(r_i) T_{n,m}^y H_m^{\ell}(r_j) \quad (1.41)$$

$$T_{n,m}^y = \sum_i H_n^{\ell}(q_i) H_m^{\ell}(q_i) \tilde{y}(q_i) q_i^2 w_i \quad (1.42)$$

Here we assume that the Kernel $K_y^{\ell}(r_i, r_j)$ is given on a grid of gauss-points.

We also need the $k = 0, 2$ form factors for $r_{ij}^2 t_{ij}$, and we write:

$$r_{ij}^2 t(r_{ij}) Y^{(k)}(\hat{r}_{ij}) = \sqrt{4\pi} \sum_{\ell_1, \ell_2} K_{r_{ij}^2 t}^{k, \ell_1, \ell_2}(r_i, r_j) [Y^{(\ell_1)}(\hat{r}_i) \otimes Y^{(\ell_2)}(\hat{r}_j)]^{(k)}$$

We also note that

$$r_{ij}^2 t_{ij} = 3T_{ij}$$

and

$$y_{ij} = Y_{ij} - T_{ij}$$

For the **type (a)** matrix elements we have for spectator protons the remaining matrix elements:

$$\begin{aligned} \langle pp | S_{\tau}^I | pp \rangle &= 4 \\ \langle pn | S_{\tau}^I | pn \rangle &= \frac{4}{3} \\ \langle nn | S_{\tau}^I | nn \rangle &= \frac{4}{3} \\ \langle pn | S_{\tau}^I | np \rangle &= \frac{4}{3} \end{aligned} \quad (1.43)$$

We now work on each of the 23 terms separately. We first only list the **type (a)** matrix elements for all 23 terms, then we list the **type (b)** matrix elements for all terms.

term S1

The triple product is

$$\begin{aligned} y_{ij} y_{jk} y_{ki} &= \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_y^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\ &\times (-)^{(\ell_1 + \ell_2 + \ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\ &\times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)} \end{aligned}$$

From this we obtain the **type (a)** matrix element with $k_1 = 0$ as

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \frac{(-)^\lambda}{\hat{\lambda}} \int r_i^2 dr_i R_h(r_i) R_p(r_i) R_{p_1}(r_j) R_{h_1}(r_j) R_{p_2}(r_k) R_{h_2}(r_k) \\
&\quad \sum_{\ell_2, \ell_3} K_y^{0, \ell_3}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\quad \times \frac{(2\ell_2 + 1)(2\ell_3 + 1)}{\hat{\lambda}} \langle \ell_3 0 \ell_2 0 | \lambda 0 \rangle \langle \ell_3 0 \ell_2 0 | \lambda 0 \rangle \\
&\quad \times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || Y_j^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y_k^\lambda || h_2 \rangle \right]
\end{aligned} \tag{1.44}$$

term S2

$$\begin{aligned}
\sum_{cyc} r_{ij}^2 t_{ij} y_{jk} y_{ki} &= \sum_{cyc} \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\quad \times (-)^{(\ell_1 + \ell_2 + \ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\quad \times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)}
\end{aligned}$$

we obtain the three **type (a)** matrix elements with $k_1 = 0$, $k_2 = k_3 = \lambda$ as

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \frac{(-)^\lambda}{\hat{\lambda}} \int r_i^2 dr_i R_h(r_i) R_p(r_i) \\
&\quad \left\{ \sum_{\ell_2, \ell_3} K_{r^{2t}}^{0, \ell_3, \ell_3}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \right. \\
&\quad \quad + K_y^{0, \ell_3}(r_i, r_j) K_{r^{2t}}^{0, \ell_2, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\quad \quad \left. + K_y^{0, \ell_3}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_{r^{2t}}^{0, \ell_3, \ell_3}(r_k, r_i) \right\} \\
&\quad \times \frac{(2\ell_2 + 1)(2\ell_3 + 1)}{\hat{\lambda}} \langle \ell_3 0 \ell_2 0 | \lambda 0 \rangle \langle \ell_3 0 \ell_2 0 | \lambda 0 \rangle \\
&\quad \times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || Y_j^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y_k^\lambda || h_2 \rangle \right]
\end{aligned} \tag{1.45}$$

term S3

$$C_j = \vec{r}_{jk} \vec{r}_{ji} = -\vec{r}_{jk} \vec{r}_{ij} = r_{jk} r_{ij} \frac{4\pi}{\sqrt{3}} [Y^{(1)}(\hat{r}_{jk}) \otimes Y^{(1)}(\hat{r}_{ij})]^{(0)} \tag{1.46}$$

$$\begin{aligned}
C_j^2 &= \sum_k \left(\frac{4\pi}{k} \right) r_{jk}^2 r_{ij}^2 \langle (1010 | k 0) \rangle^2 [Y^{(k)}(\hat{r}_{jk}) \otimes Y^{(k)}(\hat{r}_{ij})]^{(0)} \\
&= \frac{1}{3} r_{jk}^2 r_{ij}^2 + \frac{4\pi}{5} r_{jk}^2 r_{ij}^2 \frac{2}{3} [Y^{(2)}(\hat{r}_{jk}) \otimes Y^{(2)}(\hat{r}_{ij})]^{(0)}
\end{aligned} \tag{1.47}$$

$$\begin{aligned}
C_j^2 t_{ij} t_{jk} y_{ki} &= \frac{1}{3} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} \\
&\quad + \frac{4\pi}{5} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} \frac{2}{3} [Y^{(2)}(\hat{r}_{jk}) \otimes Y^{(2)}(\hat{r}_{ij})]^{(0)}
\end{aligned} \tag{1.48}$$

We break this term into the $k = 0$ and the $k = 2$ contribution. The $k = 0$ contribution can be derived immediately from the previous as:

$$\begin{aligned}
\frac{1}{3} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} &= \frac{1}{3} \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\quad \times (-)^{(\ell_1 + \ell_2 + \ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\quad \times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)}
\end{aligned}$$

The $k = 2$ contribution is given by

$$\begin{aligned}
& \frac{2}{3} \frac{1}{\sqrt{5}} (\sqrt{4\pi})^3 (-)^{\ell_3 + \ell_5 + k_3} \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \\
& \times \langle \ell_2 0 \ell_3 0 | k_1 0 \rangle \langle \ell_1 0 \ell_5 0 | k_2 0 \rangle \langle \ell_4 0 \ell_5 0 | k_3 0 \rangle \left\{ \begin{matrix} \ell_2 & \ell_1 & 2 \\ \ell_4 & \ell_3 & k_1 \end{matrix} \right\} \left\{ \begin{matrix} k_2 & k_3 & k_1 \\ \ell_4 & \ell_1 & \ell_5 \end{matrix} \right\} \\
& \times K_{r^2 t}^{2, \ell_1, \ell_2}(r_i, r_j) K_{r^2 t}^{2, \ell_3, \ell_4}(r_j, r_k) K_y^{0, \ell_5}(r_k, r_i) \left[Y^{(k_1)}(\hat{r}_j) \otimes [Y^{(k_2)}(\hat{r}_i) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)}
\end{aligned} \tag{1.49}$$

For the $k = 0$ contribution we obtain the three **type (a)** matrix elements

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \frac{1}{3} \frac{(-)^\lambda}{\hat{\lambda}} \int r_i^2 dr_i R_h(r_i) R_p(r_i) \\
& \left\{ \sum_{\ell_2, \ell_3} K_{r^2 t}^{0, \ell_3, \ell_3}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \right. \\
& \quad + K_y^{0, \ell_3}(r_i, r_j) K_{r^2 t}^{0, \ell_2, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
& \quad \left. + K_y^{0, \ell_3}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_{r^2 t}^{0, \ell_3, \ell_3}(r_k, r_i) \right\} \\
& \times \frac{(2\ell_2 + 1)(2\ell_3 + 1)}{\hat{\lambda}} \langle \ell_3 0 \ell_2 0 | \lambda 0 \rangle \langle \ell_3 0 \ell_2 0 | \lambda 0 \rangle \\
& \times \left[\frac{(-)^{k_{p1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || Y_j^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y_k^\lambda || h_2 \rangle \right]
\end{aligned} \tag{1.50}$$

For the $k = 2$ contribution we obtain the **type (a)** matrix element as

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \frac{2}{3\sqrt{5}} \frac{(-)^{\lambda + \ell_2}}{\hat{\lambda}} (\langle \ell_1 0 \ell_5 0 | \lambda 0 \rangle)^2 \int r_j^2 dr_j R_h(r_j) R_p(r_j) \\
& \sum_{\ell_1, \ell_2, \ell_5} K_{r^2 t}^{2, \ell_1, \ell_2}(r_i, r_j) K_{r^2 t}^{2, \ell_2, \ell_1}(r_j, r_k) K_y^{0, \ell_5}(r_k, r_i) \\
& \times \left[\frac{(-)^{k_{p1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || Y_j^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y_k^\lambda || h_2 \rangle \right]
\end{aligned} \tag{1.51}$$

term S4

$$C_j C_k = \sum_k (\sqrt{4\pi})^3 \frac{1}{3} r_{jk}^2 r_{ij} r_{ki} \langle 1010 | k_0 \rangle \left[Y^{(k)}(\hat{r}_{jk}) \otimes [Y^{(1)}(\hat{r}_{ij}) \otimes Y^{(1)}(\hat{r}_{ki})]^{(k)} \right]^{(0)} \tag{1.52}$$

$$\begin{aligned}
C_i C_j C_k &= (\sqrt{4\pi})^3 r_{jk}^2 r_{ki}^2 r_{ij}^2 \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{matrix} \right\} \langle 1010 | k_3 0 \rangle \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \\
& \times \left[Y^{(k_3)}(\hat{r}_{jk}) \otimes [Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{ki})]^{(k_3)} \right]^{(0)}
\end{aligned} \tag{1.53}$$

$$\begin{aligned}
C_i C_j C_k t_{ij} t_{jk} t_{ki} &= (\sqrt{4\pi})^3 \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{matrix} \right\} \langle 1010 | k_3 0 \rangle \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \\
& \times K_{r^2 t}^{k_3, \ell_1, \ell_2}(r_j, r_k) K_{r^2 t}^{k_1, \ell_3, \ell_4}(r_i, r_j) K_{r^2 t}^{k_2, \ell_5, \ell_6}(r_k, r_i) \\
& \times \left[[Y^{(\ell_1)}(\hat{r}_j) \otimes Y^{(\ell_2)}(\hat{r}_k)]^{(k_3)} \otimes \left[[Y^{(\ell_3)}(\hat{r}_i) \otimes Y^{(\ell_4)}(\hat{r}_j)]^{(k_1)} \otimes [Y^{(\ell_5)}(\hat{r}_k) \otimes Y^{(\ell_6)}(\hat{r}_i)]^{(k_2)} \right]^{(k_3)} \right]^{(0)} \\
& = (\sqrt{4\pi})^3 \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{matrix} \right\} \langle 1010 | k_3 0 \rangle \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \\
& \times K_{r^2 t}^{k_3, \ell_1, \ell_2}(r_j, r_k) K_{r^2 t}^{k_1, \ell_3, \ell_4}(r_i, r_j) K_{r^2 t}^{k_2, \ell_5, \ell_6}(r_k, r_i) \\
& \quad \hat{k}_1 \hat{k}_2 \hat{k}_5 \hat{k}_3 \hat{k}_5 \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \hat{\ell}_6 \langle \ell_1 0 \ell_4 0 | k_6 0 \rangle \langle \ell_3 0 \ell_6 0 | k_4 0 \rangle \langle \ell_5 0 \ell_2 0 | k_7 0 \rangle \\
& \times \left\{ \begin{matrix} \ell_3 & \ell_4 & k_1 \\ \ell_6 & \ell_5 & k_2 \\ k_4 & k_5 & k_3 \end{matrix} \right\} \left\{ \begin{matrix} \ell_4 & \ell_5 & k_5 \\ \ell_1 & \ell_2 & k_3 \\ k_6 & k_7 & k_4 \end{matrix} \right\} \left[Y^{(k_4)}(\hat{r}_i) \otimes [Y^{(k_6)}(\hat{r}_j) \otimes Y^{(k_7)}(\hat{r}_k)]^{(k_4)} \right]^{(0)}
\end{aligned} \tag{1.54}$$

As this term is already symmetric under cyclic permutations we have only one term for **type (a)**. This requires $k_4 = 0$ and $k_6 = k_7 = \lambda$.

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \frac{(-)^\lambda}{\hat{\lambda}} \int r_i^2 dr_i R_h(r_i) R_p(r_i) R_{p_1}(r_j) R_{h_1}(r_j) R_{p_2}(r_k) R_{h_2}(r_k) \\
&\sum_{k_1, k_2, k_3} (-)^{k_1 + \ell_1 + \lambda} \langle 1010 | k_3 0 \rangle \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \langle \ell_1 0 \ell_4 0 | \lambda 0 \rangle \langle \ell_5 0 \ell_2 0 | \lambda 0 \rangle \\
&\times K_{r^2 t}^{k_3, \ell_1, \ell_2}(r_j, r_k) K_{r^2 t}^{k_1, \ell_3, \ell_4}(r_i, r_j) K_{r^2 t}^{k_2, \ell_5, \ell_3}(r_k, r_i) \\
&\times \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{matrix} \right\} \left\{ \begin{matrix} \ell_4 & k_1 & \ell_3 \\ k_2 & \ell_5 & k_3 \end{matrix} \right\} \left\{ \begin{matrix} \ell_4 & \ell_5 & k_3 \\ \ell_2 & \ell_1 & \lambda \end{matrix} \right\} \hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_4 \hat{\ell}_5 \frac{1}{\hat{\lambda}} \\
&\times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || Y^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y^\lambda || h_2 \rangle \right]
\end{aligned} \tag{1.55}$$

term S5

$$\begin{aligned}
y_{ij} y_{jk} y_{ki} (\vec{\sigma}_j \vec{\sigma}_k) &= \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_y^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1 + k_5)} (\sqrt{4\pi})^3 \hat{k}_4 \hat{k}_5 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \left\{ \begin{matrix} k_4 & k_5 & k_1 \\ k_3 & k_2 & 1 \end{matrix} \right\} \\
&\times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)} \sigma_j]^{(k_4)} \otimes [Y^{(k_3)} \sigma_k]^{(k_5)} \right]^{(0)}
\end{aligned}$$

We have only one **type (a)** matrix element with $k_1 = 0$ leading to $\ell_1 = \ell_3$ and $k_2 = k_3$

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{eff, \lambda} | h_2 \bar{p}_2 \rangle &= \frac{(-)^\lambda}{\hat{\lambda}} \int r_i^2 dr_i R_h(r_i) R_p(r_i) R_{p_1}(r_j) R_{h_1}(r_j) R_{p_2}(r_k) R_{h_2}(r_k) \\
&K_y^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_1}(r_k, r_i) \\
&(\langle \ell_1 0 \ell_2 0 | k_2 0 \rangle)^2 \frac{\hat{\lambda} \hat{\ell}_1 \hat{\ell}_1 \hat{\ell}_2}{\hat{k}_2} (-)^{k_2 + 1} \\
&\times \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_1 || [Y^{(k_2)} \sigma_j]^\lambda || h_1 \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y^{(k_2)} \sigma_k || h_2 \rangle \right]
\end{aligned} \tag{1.56}$$

term S6

$$\begin{aligned}
r_{ij}^2 t_{ij} y_{jk} y_{ki} \sum_{cyc} \vec{\sigma}_i \vec{\sigma}_k &= \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_{r^2 t}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1 + \ell_2 + \ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)} (\vec{\sigma}_i \vec{\sigma}_j) \\
&+ \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_{r^2 t}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1 + \ell_2 + \ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)} (\vec{\sigma}_j \vec{\sigma}_k) \\
&+ \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_{r^2 t}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1 + \ell_2 + \ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)} (\vec{\sigma}_k \vec{\sigma}_i)
\end{aligned}$$

$$\begin{aligned}
&= \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \begin{Bmatrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1+k_5+1)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \begin{Bmatrix} k_3 & k_2 & k_1 \\ 1 & k_4 & k_5 \end{Bmatrix} \hat{k}_4 \hat{k}_5 \left[[Y^{(k_1)} \sigma_i]^{(k_4)} \otimes [Y^{(k_2)} \sigma_j]^{(k_5)} \otimes Y^{(k_3)}(\hat{r}_k) \right]^{(k_4)}{}^{(0)} \\
&+ \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \begin{Bmatrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1+k_5+1)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \hat{k}_1 \hat{k}_4 \hat{k}_5 \begin{Bmatrix} k_4 & k_5 & k_1 \\ k_3 & k_2 & 1 \end{Bmatrix} \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)} \sigma_j]^{(k_4)} \otimes [Y^{(k_3)} \sigma_k]^{(k_5)} \right]^{(k_1)}{}^{(0)} \\
&+ \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \begin{Bmatrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1+\ell_2+\ell_3+k_2+k_3+k_4)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \left[[Y^{(k_1)} \sigma_j]^{(k_4)} \otimes [Y^{(k_2)}(\hat{r}_j) \otimes [Y^{(k_3)} \sigma_k]^{(k_5)}]^{(k_4)} \right]^{(0)} \tag{1.57}
\end{aligned}$$

This results in the three **type (a)** matrix elements:

$$(1.58)$$

term S7

We take the spin-independent part from term S3 separated into the $k = 0$ and the $k = 2$ contribution to obtain

$$\begin{aligned}
\frac{1}{3} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} (\vec{\sigma}_i \vec{\sigma}_k) &= \frac{1}{3} \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \begin{Bmatrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_{r^{2t}}^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_1+\ell_2+\ell_3)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \left[Y^{(k_1)}(\hat{r}_i) \otimes [Y^{(k_2)}(\hat{r}_j) \otimes Y^{(k_3)}(\hat{r}_k)]^{(k_1)} \right]^{(0)} \vec{\sigma}_i \vec{\sigma}_k \\
&= \frac{1}{3} \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \begin{Bmatrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} K_{r^{2t}}^{0, \ell_1}(r_i, r_j) K_{r^{2t}}^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
&\times (-)^{(\ell_2+k_4)} (\sqrt{4\pi})^3 \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
&\times \begin{Bmatrix} k_2 & k_3 & k_1 \\ 1 & k_4 & k_5 \end{Bmatrix} \hat{k}_4 \hat{k}_5 \left[[Y^{(k_1)} \sigma_i]^{(k_4)} \otimes [Y^{(k_2)}(\hat{r}_j) \otimes [Y^{(k_3)} \sigma_k]^{(k_5)}]^{(k_4)} \right]^{(0)} \tag{1.59}
\end{aligned}$$

The $k = 2$ contribution is given by

$$\begin{aligned}
&\frac{2}{3} \frac{1}{\sqrt{5}} (\sqrt{4\pi})^3 (-)^{k_3+k_5} \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 K_{r^{2t}}^{2, \ell_1, \ell_2}(r_i, r_j) K_{r^{2t}}^{2, \ell_3, \ell_4}(r_j, r_k) K_y^{0, \ell_5}(r_k, r_i) \\
&\times \langle \ell_2 0 \ell_3 0 | k_1 0 \rangle \langle \ell_1 0 \ell_5 0 | k_2 0 \rangle \langle \ell_4 0 \ell_5 0 | k_3 0 \rangle \begin{Bmatrix} \ell_2 & \ell_1 & 2 \\ \ell_4 & \ell_3 & k_1 \end{Bmatrix} \begin{Bmatrix} k_2 & k_3 & k_1 \\ \ell_4 & \ell_1 & \ell_5 \end{Bmatrix} \begin{Bmatrix} k_4 & k_5 & k_1 \\ k_3 & k_2 & 1 \end{Bmatrix} \hat{k}_4 \hat{k}_5 \\
&\times \left[Y^{(k_1)}(\hat{r}_j) \otimes [Y^{(k_2)} \sigma_i]^{(k_4)} \otimes [Y^{(k_3)} \sigma_k]^{(k_5)} \right]^{(k_1)}{}^{(0)} \tag{1.60}
\end{aligned}$$

term S8

$$\vec{\sigma}_i \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{r}_{ki} = 4\pi r_{ij} r_{ki} \sum_k \frac{\hat{k}}{3} \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes [Y^{(1)}(\hat{r}_{ij}) \otimes Y^{(1)}(\hat{r}_{ki})]^{(k)} \right]^{(0)} \tag{1.61}$$

As a special case of this

$$\vec{\sigma}_i \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{r}_{ij} = \sqrt{4\pi} r_{ij}^2 \sum_k \langle 1010|k0 \rangle \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes Y^{(k)}(\hat{r}_{ij}) \right]^{(0)} \quad (1.62)$$

$$C_k \vec{\sigma}_i \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{r}_{ki} = 4\pi r_{ki}^2 r_{jk}^2 \sum_{k_1, k_2, k_3} \hat{k}_3 \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{Bmatrix} \\ \times \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k_3)} \otimes [Y^{(k_1)}(\hat{r}_{jk}) \otimes Y^{(k_2)}(\hat{r}_{ki})]^{(k_3)} \right]^{(0)} \quad (1.63)$$

The term has been evaluated as:

$$\vec{\sigma}_i \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{r}_{ij} t_{ij} y_{ki} y_{jk} = \langle 1010|k0 \rangle \langle \ell_1 0 \ell_3 0 | k_3 0 \rangle \langle \ell_2 0 \ell_4 0 | k_4 0 \rangle \langle \ell_3 0 \ell_4 0 | k_1 0 \rangle \hat{k}_2 \hat{k}_2 \hat{k}_5 \hat{k}_6 \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \\ \begin{Bmatrix} \ell_1 & \ell_2 & k \\ \ell_3 & \ell_4 & k_1 \\ k_3 & k_4 & k_2 \end{Bmatrix} \begin{Bmatrix} k_3 & k_4 & k_2 \\ 1 & 1 & k \\ k_5 & k_6 & k_1 \end{Bmatrix} K_{r^2 t}^{k, \ell_1, \ell_2}(r_i, r_j) K_y^{0, \ell_3}(r_i, r_k) K_y^{0, \ell_4}(r_j, r_k) \\ \left[Y^{(k_1)}(\hat{r}_k) \otimes [Y^{(k_3)} \sigma_i]^{(k_5)} \otimes [Y^{(k_4)} \sigma_j]^{(k_6)} \right]^{(k_1)} \quad (1.64)$$

For the **type (a)** matrix element we set $k_1 = 0$ leading to $k_2 = k$, $k_5 = k_6 = \lambda$, and $\ell_4 = \ell_3$.

$$\vec{\sigma}_i \cdot \vec{r}_{ij} \vec{\sigma}_j \cdot \vec{r}_{ij} t_{ij} y_{ki} y_{jk} = \langle 1010|k0 \rangle \langle \ell_1 0 \ell_3 0 | k_3 0 \rangle \langle \ell_2 0 \ell_3 0 | k_4 0 \rangle (-)^{\lambda + \ell_1 + 1} \hat{k} \hat{\lambda} \hat{\ell}_1 \hat{\ell}_2 \\ \begin{Bmatrix} k_3 & k_4 & k \\ 1 & 1 & \lambda \end{Bmatrix} \begin{Bmatrix} k_3 & k_4 & k \\ \ell_2 & \ell_1 & \ell_3 \end{Bmatrix} \\ K_{r^2 t}^{k, \ell_1, \ell_2}(r_i, r_j) K_y^{0, \ell_3}(r_i, r_k) K_y^{0, \ell_3}(r_j, r_k) \left[[Y^{(k_3)} \sigma_i]^{(\lambda)} \otimes [Y^{(k_4)} \sigma_j]^{(\lambda)} \right]^{(0)} \quad (1.65)$$

term S9

$$(\vec{\sigma}_i \vec{r}_{ki}) (\vec{\sigma}_j \vec{r}_{ki}) t_{ki} y_{ij} y_{jk} = \sqrt{4\pi} \sum_k \langle 1010|k0 \rangle \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes Y^{(k)}(\hat{r}_{ki}) \right]^{(0)} (r_{ki}^2 t_{ki}) y_{ij} y_{jk} \\ = \langle 1010|k0 \rangle K_{r^2 t}^{k, \ell_1, \ell_2}(r_k, r_i) K_y^{0, \ell_3}(r_i, r_j) K_y^{0, \ell_4}(r_j, r_k) \\ \hat{k}_2 \hat{k}_2 \hat{k}_5 \hat{k}_6 \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \langle \ell_2 0 \ell_3 0 | k_1 0 \rangle \langle \ell_1 0 \ell_4 0 | k_3 0 \rangle \langle \ell_2 0 \ell_3 0 | k_4 0 \rangle \\ (-)^{k_6 + k_4 + k_2 + k_5} \begin{Bmatrix} k_4 & k_3 & k_2 \\ k_5 & 1 & k_6 \end{Bmatrix} \begin{Bmatrix} 1 & 1 & k \\ k_1 & k_2 & k_5 \end{Bmatrix} \begin{Bmatrix} \ell_1 & \ell_2 & k \\ \ell_4 & \ell_3 & k_1 \\ k_3 & k_4 & k_2 \end{Bmatrix} \\ \left[[Y^{(k_4)} \sigma_i]^{(k_6)} \otimes [Y^{(k_3)}(\hat{r}_k) \otimes [Y^{(k_1)} \sigma_j]^{(k_5)}]^{(k_6)} \right]^{(0)} \quad (1.66)$$

For the **type (a)** matrix element we have $k_3 = 0$. This implies that $k_5 = k_6 = \lambda$, $k_4 = k_2$, and $\ell_4 = \ell_1$.

$$(\vec{\sigma}_i \vec{r}_{ki}) (\vec{\sigma}_j \vec{r}_{ki}) t_{ki} y_{ij} y_{jk} = \langle 1010|k0 \rangle K_{r^2 t}^{k, \ell_1, \ell_2}(r_k, r_i) K_y^{0, \ell_3}(r_i, r_j) K_y^{0, \ell_1}(r_j, r_k) \\ \hat{k}_2 \hat{\lambda} \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_1 0 \rangle \langle \ell_2 0 \ell_3 0 | k_2 0 \rangle \\ (-)^{k + \ell_3 + \lambda + 1} \begin{Bmatrix} 1 & 1 & k \\ k_1 & k_2 & \lambda \end{Bmatrix} \begin{Bmatrix} k_1 & k & k_2 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} \\ \left[[Y^{(k_2)} \sigma_i]^{(\lambda)} \otimes [Y^{(k_1)} \sigma_j]^{(\lambda)} \right]^{(0)} \quad (1.67)$$

term S10

$$(\vec{\sigma}_i \vec{r}_{jk}) (\vec{\sigma}_j \vec{r}_{jk}) t_{jk} y_{ij} y_{ki} = \sqrt{4\pi} \sum_k \langle 1010|k0 \rangle \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes Y^{(k)}(\hat{r}_{jk}) \right]^{(0)} (r_{jk}^2 t_{jk}) y_{ij} y_{ki} \\ = \langle 1010|k0 \rangle \langle \ell_3 0 \ell_4 0 | k_1 0 \rangle \langle \ell_1 0 \ell_3 0 | k_3 0 \rangle \langle \ell_2 0 \ell_4 0 | k_4 0 \rangle \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \\ \hat{k}_2 \hat{k}_2 \hat{k}_5 \hat{k}_6 (-)^{k_1 + k_2} \begin{Bmatrix} k_1 & k_2 & k \\ 1 & 1 & k_5 \end{Bmatrix} \begin{Bmatrix} k_4 & k_3 & k_2 \\ 1 & k_5 & k_6 \end{Bmatrix} \begin{Bmatrix} \ell_3 & \ell_4 & k_1 \\ \ell_1 & \ell_2 & k \\ k_3 & k_4 & k_2 \end{Bmatrix}$$

$$K_{r,2t}^{k,\ell_1,\ell_2}(r_j, r_k) K_y^{0,\ell_3}(r_i, r_j) K_y^{0,\ell_4}(r_k, r_i) \left[[Y^{(k_1)} \sigma_i]^{(k_5)} \otimes [Y^{(k_4)}(\hat{r}_k) \otimes [Y^{(k_3)} \sigma_j]^{(k_6)}]^{(k_5)} \right]^{(0)} \quad (1.68)$$

For the **type (a)** matrix element we have $k_4 = 0$ which implies $k_6 = k_5 = \lambda$, $k_3 = k_2$, and $\ell_4 = \ell_2$.

$$\begin{aligned} (\vec{\sigma}_i \vec{r}_{jk}) (\vec{\sigma}_j \vec{r}_{ki}) t_{jk} y_{ij} y_{ki} &= \langle 1010|k_0 \rangle \langle \ell_3 0 \ell_2 0|k_1 0 \rangle \langle \ell_1 0 \ell_3 0|k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \\ &\hat{k} \hat{\lambda} (-)^{k_1 + \ell_1 + \lambda + 1} \begin{Bmatrix} k_1 & k_2 & k \\ 1 & 1 & \lambda \end{Bmatrix} \begin{Bmatrix} k_1 & k & k_3 \\ \ell_1 & \ell_3 & \ell_2 \end{Bmatrix} \\ &K_{r,2t}^{k,\ell_1,\ell_2}(r_j, r_k) K_y^{0,\ell_3}(r_i, r_j) K_y^{0,\ell_2}(r_k, r_i) \\ &\left[[Y^{(k_1)} \sigma_i]^{(\lambda)} \otimes [Y^{(k_2)} \sigma_j]^{(\lambda)} \right]^{(0)} \end{aligned} \quad (1.69)$$

term S11

$$\begin{aligned} C_k (\vec{\sigma}_i \vec{r}_{jk}) (\vec{\sigma}_j \vec{r}_{ki}) t_{ki} t_{jk} y_{ij} &= 4\pi \sum_{k_1, k_2, k_3} (-)^{k_3} \hat{k}_3 \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{Bmatrix} \\ &\times \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k_3)} \otimes [Y^{(k_1)}(\hat{r}_{jk}) \otimes Y^{(k_2)}(\hat{r}_{ki})]^{(k_3)} \right]^{(0)} r_{ki}^2 t_{ki} r_{jk}^2 t_{jk} y_{ij} \\ &= (-)^{k_3} \hat{k}_3 \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{Bmatrix} \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \\ &\hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{k}_4 \hat{k}_8 \hat{k}_9 \begin{Bmatrix} k_6 & k_7 & k_4 \\ \ell_4 & \ell_1 & \ell_5 \end{Bmatrix} \langle \ell_2 0 \ell_3 0|k_5 0 \rangle \langle \ell_1 0 \ell_5 0|k_6 0 \rangle \langle \ell_4 0 \ell_5 0|k_7 0 \rangle \\ &\begin{Bmatrix} k_6 & k_7 & k_4 \\ 1 & 1 & k_3 \end{Bmatrix} \begin{Bmatrix} \ell_1 & \ell_2 & k_1 \\ \ell_4 & \ell_3 & k_2 \end{Bmatrix} \\ &(-)^{\ell_3 + k_5 + \ell_1} K_{r,2t}^{k_1, \ell_1, \ell_2}(r_j, r_k) K_{r,2t}^{k_2, \ell_3, \ell_4}(r_k, r_i) K_y^{0, \ell_5}(r_i, r_j) \\ &\left[Y^{(k_5)}(\hat{r}_k) \otimes [Y^{(k_6)} \sigma_j]^{(k_8)} \otimes [Y^{(k_7)} \sigma_i]^{(k_9)} \right]^{(k_5)} \right]^{(0)} \end{aligned} \quad (1.70)$$

For the **type (a)** matrix element we have $k_5 = 0$. This implies $\ell_3 = \ell_2$, $k_9 = k_8 = \lambda$, and $k_4 = k_3$. This gives this term as

$$\begin{aligned} C_k (\vec{\sigma}_i \vec{r}_{jk}) (\vec{\sigma}_j \vec{r}_{ki}) t_{ki} t_{jk} y_{ij} &= (-)^{k_3} \hat{k}_3 \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} k_1 & k_2 & k_3 \\ 1 & 1 & 1 \end{Bmatrix} \hat{\ell}_1 \hat{\ell}_4 \hat{\ell}_5 \\ &\hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{\lambda} \begin{Bmatrix} k_6 & k_7 & k_3 \\ \ell_4 & \ell_1 & \ell_5 \end{Bmatrix} \langle \ell_1 0 \ell_5 0|k_6 0 \rangle \langle \ell_4 0 \ell_5 0|k_7 0 \rangle \\ &\begin{Bmatrix} k_6 & k_7 & k_3 \\ 1 & 1 & \lambda \end{Bmatrix} \begin{Bmatrix} k_1 & k_2 & k_3 \\ \ell_4 & \ell_1 & \ell_2 \end{Bmatrix} \\ &(-)^{k_7 + k_2 + 1 + \ell_2 + \lambda} K_{r,2t}^{k_1, \ell_1, \ell_2}(r_j, r_k) K_{r,2t}^{k_2, \ell_2, \ell_4}(r_k, r_i) K_y^{0, \ell_5}(r_i, r_j) \\ &\left[[Y^{(k_6)} \sigma_j]^{(\lambda)} \otimes [Y^{(k_7)} \sigma_i]^{(\lambda)} \right]^{(0)} \end{aligned} \quad (1.71)$$

term S12

$$\begin{aligned} (\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) t_{ij} t_{jk} y_{ki} &= -6(4\pi) \sum_{k, k_1, k_2} \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{Bmatrix} \\ &\times \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes [Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{jk})]^{(k)} \right]^{(0)} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} \\ &= -6 \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{Bmatrix} \hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{k}_3 \hat{k}_7 \hat{k}_8 \\ &\langle \ell_2 0 \ell_3 0|k_4 0 \rangle \langle \ell_1 0 \ell_5 0|k_5 0 \rangle \langle \ell_4 0 \ell_5 0|k_6 0 \rangle \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \end{aligned}$$

$$\begin{aligned}
& \left\{ \begin{matrix} k_5 & k_6 & k_3 \\ \ell_4 & \ell_1 & \ell_5 \end{matrix} \right\} \left\{ \begin{matrix} k_6 & k_5 & k_3 \\ 1 & k_7 & k_8 \end{matrix} \right\} \left\{ \begin{matrix} k_3 & k_4 & k \\ 1 & 1 & k_7 \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_2 & k_1 \\ \ell_4 & \ell_3 & k_2 \\ k_3 & k_4 & k \end{matrix} \right\} \\
& (-)^{\ell_3+k_2+\ell_1+k+k_4} K_{r,2t}^{k_1,\ell_1,\ell_2}(r_i, r_j) K_{r,2t}^{k_2,\ell_3,\ell_4}(r_j, r_k) K_y^{0,\ell_5}(r_k, r_i) \\
& \left[[Y^{(k_6)}(\hat{r}_k) \otimes [Y^{(k_5)}\sigma_i]^{(k_8)}]^{(k_7)} \otimes [Y^{(k_4)}\sigma_j]^{(k_7)} \right]^{(0)}
\end{aligned} \tag{1.72}$$

For the **type (a)** matrix element we have $k_6 = 0$. This implies $\ell_5 = \ell_4$, $k_7 = k_8 = \lambda$, and $k_5 = k_3$.

$$\begin{aligned}
(\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) t_{ij} t_{jk} y_{ki} &= -6 \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \left\{ \begin{matrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\} \hat{k}_1 \hat{k}_2 \hat{\lambda} \\
& \langle \ell_2 0 \ell_3 0 | k_4 0 \rangle \langle \ell_1 0 \ell_4 0 | k_3 0 \rangle \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \\
& \left\{ \begin{matrix} k_3 & k_4 & k \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_2 & k_1 \\ \ell_4 & \ell_3 & k_2 \\ k_3 & k_4 & k \end{matrix} \right\} \\
& (-)^{\ell_3+k_2+k+k_4+\lambda+1} K_{r,2t}^{k_1,\ell_1,\ell_2}(r_i, r_j) K_{r,2t}^{k_2,\ell_3,\ell_4}(r_j, r_k) K_y^{0,\ell_4}(r_k, r_i) \\
& \left[[Y^{(k_5)}\sigma_i]^{(\lambda)} \otimes [Y^{(k_4)}\sigma_j]^{(\lambda)} \right]^{(0)}
\end{aligned} \tag{1.73}$$

term S13

$$\begin{aligned}
(\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) t_{ij} y_{jk} t_{ki} &= -6(4\pi) \sum_{k,k_1,k_2} \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \left\{ \begin{matrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\} \\
& \times \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes [Y^{(k_1)}(\hat{r}_{ki}) \otimes Y^{(k_2)}(\hat{r}_{ij})]^{(k)} \right]^{(0)} r_{ij}^2 t_{ij} r_{ki}^2 t_{ki} y_{jk} \\
& = -6 \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \left\{ \begin{matrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\} \hat{k}_1 \hat{k}_2 \hat{k}_4 \hat{k}_4 \hat{k}_7 \hat{k}_8 \\
& \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \langle \ell_1 0 \ell_5 0 | k_5 0 \rangle \langle \ell_4 0 \ell_5 0 | k_6 0 \rangle \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \\
& \left\{ \begin{matrix} k_3 & k_4 & k \\ 1 & 1 & k_7 \end{matrix} \right\} \left\{ \begin{matrix} k_5 & k_6 & k_4 \\ 1 & k_7 & k_8 \end{matrix} \right\} \left\{ \begin{matrix} k_5 & k_6 & k_4 \\ \ell_4 & \ell_1 & \ell_5 \end{matrix} \right\} \left\{ \begin{matrix} \ell_2 & \ell_1 & k_1 \\ \ell_3 & \ell_4 & k_2 \\ k_3 & k_4 & k \end{matrix} \right\} \\
& (-)^k K_{r,2t}^{k_1,\ell_1,\ell_2}(r_k, r_i) K_{r,2t}^{k_2,\ell_3,\ell_4}(r_i, r_j) K_y^{0,\ell_5}(r_k, r_j) \\
& \left[[Y^{(k_3)}\sigma_i]^{(k_7)} \otimes [Y^{(k_5)}(\hat{r}_k) \otimes [Y^{(k_6)}\sigma_j]^{(k_8)}]^{(k_7)} \right]^{(0)}
\end{aligned} \tag{1.74}$$

For the **type(a)** matrix element we have $k_5 = 0$, $k_7 = k_8 = \lambda$, $\ell_5 = \ell_1$, and $k_6 = k_4$.

$$\begin{aligned}
(\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) t_{ij} y_{jk} t_{ki} &= -6 \langle 1010 | k_1 0 \rangle \langle 1010 | k_2 0 \rangle \left\{ \begin{matrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\} \hat{k}_1 \hat{k}_2 \hat{k} \hat{\lambda} \\
& \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \langle \ell_4 0 \ell_1 0 | k_6 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \left\{ \begin{matrix} k_3 & k_4 & k \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_2 & \ell_1 & k_1 \\ \ell_3 & \ell_4 & k_2 \\ k_3 & k_4 & k \end{matrix} \right\} \\
& (-)^{k+\ell_4+\lambda+1} K_{r,2t}^{k_1,\ell_1,\ell_2}(r_k, r_i) K_{r,2t}^{k_2,\ell_3,\ell_4}(r_i, r_j) K_y^{0,\ell_1}(r_k, r_j) \\
& \left[[Y^{(k_3)}\sigma_i]^{(\lambda)} \otimes [Y^{(k_6)}\sigma_j]^{(\lambda)} \right]^{(0)}
\end{aligned} \tag{1.75}$$

term S14

$$(\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) C_k t_{ij} t_{jk} t_{ki} = 6 \hat{k}_1 \langle 1010 | k_2 0 \rangle \langle 1010 | k_3 0 \rangle \langle 1010 | k_4 0 \rangle \left\{ \begin{matrix} k_3 & k_4 & k_1 \\ 1 & 1 & 1 \end{matrix} \right\} \left\{ \begin{matrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\}$$

$$\begin{aligned}
& r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} r_{ki}^2 t_{ki} \\
& \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes \left[[Y^{(k_3)}(\hat{r}_{ki}) \otimes Y^{(k_4)}(\hat{r}_{jk})]^{(k_1)} \otimes Y^{(k_2)}(\hat{r}_{ij}) \right]^{(k)} \right]^{(0)} \\
& = 6 \hat{k}_1 \langle 1010|k_2 0 \rangle \langle 1010|k_3 0 \rangle \langle 1010|k_4 0 \rangle \left\{ \begin{matrix} k_3 & k_4 & k_1 \\ 1 & 1 & 1 \end{matrix} \right\} \left\{ \begin{matrix} 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\} \\
& K_{r_{2t}}^{k_3, \ell_1, \ell_2}(r_k, r_i) K_{r_{2t}}^{k_4, \ell_3, \ell_4}(r_j, r_k) K_{r_{2t}}^{k_2, \ell_5, \ell_6}(r_i, r_j) \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \hat{\ell}_6 \\
& (-)^{k+k_2+k_7+k_8} \langle \ell_1 0 \ell_4 0 | k_7 0 \rangle \langle \ell_2 0 \ell_5 0 | k_{10} 0 \rangle \langle \ell_3 0 \ell_6 0 | k_{11} 0 \rangle \\
& \left\{ \begin{matrix} k_7 & k_8 & k_1 \\ k_2 & k & k_9 \end{matrix} \right\} \left\{ \begin{matrix} \ell_1 & \ell_2 & k_3 \\ \ell_4 & \ell_3 & k_4 \\ k_7 & k_8 & k_1 \end{matrix} \right\} \left\{ \begin{matrix} \ell_2 & \ell_3 & k_8 \\ \ell_5 & \ell_6 & k_2 \\ k_{10} & k_{11} & k_9 \end{matrix} \right\} \left\{ \begin{matrix} k_{10} & k_{11} & k_9 \\ 1 & 1 & k \\ k_{12} & k_{13} & k_7 \end{matrix} \right\} \\
& \hat{k}_3 \hat{k}_4 \hat{k}_8 \hat{k}_1 \hat{k}_9 \hat{k}_2 \hat{k}_8 \hat{k}_9 \hat{k}_{12} \hat{k}_{13} \left[Y^{(k_7)}(\hat{r}_k) \otimes \left[[Y^{(k_{10})} \sigma_i]^{(k_{12})} \otimes [Y^{(k_{11})} \sigma_j]^{(k_{13})} \right]^{(k_7)} \right]^{(0)} \quad (1.76)
\end{aligned}$$

For the **type (a)** matrix element we set $k_7 = 0$, which implies $k_{12} = k_{13} = \lambda$, $\ell_4 = \ell_1$, $k_9 = k$, and $k_8 = k_1$. For that case we write the interaction

$$\begin{aligned}
& (\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) C_k t_{ij} t_{jk} t_{ki} = 6 \hat{k}_1 \langle 1010|k_2 0 \rangle \langle 1010|k_3 0 \rangle \langle 1010|k_4 0 \rangle \left\{ \begin{matrix} k_3 & k_4 & k_1 \\ 1 & 1 & 1 \end{matrix} \right\} \left\{ \begin{matrix} 1 & 1 & 1 \\ k_1 & k_2 & k \end{matrix} \right\} \\
& K_{r_{2t}}^{k_3, \ell_1, \ell_2}(r_k, r_i) K_{r_{2t}}^{k_4, \ell_3, \ell_1}(r_j, r_k) K_{r_{2t}}^{k_2, \ell_5, \ell_6}(r_i, r_j) \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_5 \hat{\ell}_6 \\
& (-)^{k_3+\ell_3+k_1+k_{11}+1+k+\lambda} \left\{ \begin{matrix} k_4 & k_3 & k_1 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} \langle \ell_2 0 \ell_5 0 | k_{10} 0 \rangle \langle \ell_3 0 \ell_6 0 | k_{11} 0 \rangle \\
& \left\{ \begin{matrix} k_{10} & k_{11} & k \\ 1 & 1 & \lambda \end{matrix} \right\} \left\{ \begin{matrix} \ell_2 & \ell_3 & k_1 \\ \ell_5 & \ell_6 & k_2 \\ k_{10} & k_{11} & k \end{matrix} \right\} \\
& \hat{k}_3 \hat{k}_4 \hat{k}_1 \hat{k}_1 \hat{k}_2 \hat{k} \hat{\lambda} \left[[Y^{(k_{10})} \sigma_i]^{(\lambda)} \otimes [Y^{(k_{11})} \sigma_j]^{(\lambda)} \right]^{(0)} \quad (1.77)
\end{aligned}$$

term A1

We write the first term of A^I as

$$\begin{aligned}
& \frac{i}{3} [\vec{\sigma}_i \cdot \vec{\sigma}_j \times \vec{\sigma}_k] y_{ij} y_{jk} y_{ki} = -(\sqrt{4\pi})^3 \sqrt{\frac{2}{3}} \sum_{\ell_1, \ell_2, \ell_3} \sum_{k_1, k_2, k_3} \left\{ \begin{matrix} k_1 & k_2 & k_3 \\ \ell_2 & \ell_3 & \ell_1 \end{matrix} \right\} K_y^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) \\
& \times (-)^{(\ell_1+\ell_2+\ell_3)} \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | k_2 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | k_1 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\
& \times \sum_{k_4, k_5, k_6} (-)^{k_1+k_2+k_3+k_4+k_5+k_6} \hat{k}_4 \hat{k}_5 \hat{k}_6 \left\{ \begin{matrix} 1 & 1 & 1 \\ k_2 & k_3 & k_1 \\ k_5 & k_6 & k_4 \end{matrix} \right\} \\
& \times \left[[Y^{(k_1)} \sigma_i]^{(k_4)} \otimes \left[[Y^{(k_2)} \sigma_j]^{(k_5)} \otimes [Y^{(k_3)} \sigma_k]^{(k_6)} \right]^{(k_4)} \right]^{(0)}
\end{aligned}$$

This contributes only to the **type (b)** matrix element. Also, as this is already symmetric under cyclic permutations we need only one term

$$\begin{aligned}
& \langle p_1 \bar{h}_1 | V^{X, \lambda} | h_2 \bar{p}_2 \rangle = (-)^{(k_{p_2}+k_{h_1}+\lambda_1+\lambda_2+\lambda)} \frac{\hat{\lambda}_1 \hat{\lambda}_2}{\hat{\lambda}} \left\{ \begin{matrix} \lambda_1 & \lambda_2 & \lambda \\ j_{p_1} & j_{h_1} & j_h \end{matrix} \right\} \\
& \times \left\{ \frac{1}{\hat{\lambda}_1} \langle h || T_1^{\lambda_1} || h_1 \rangle \frac{1}{\hat{\lambda}_2} \langle p_1 || T_2^{\lambda_2} || h \rangle \frac{1}{\hat{\lambda}} \langle p_2 || T_3^\lambda || h_2 \rangle \right\} \quad (1.78)
\end{aligned}$$

term A2

$$\vec{\sigma}_i \cdot \vec{a} = i \sqrt{\frac{2}{3}} (4\pi) r_{ij} r_{jk} \left[\sigma_i^{(1)} \otimes [Y^{(1)}(\hat{r}_{ij}) \otimes Y^{(1)}(\hat{r}_{jk})]^{(1)} \right]^{(0)} \quad (1.79)$$

$$\begin{aligned} \vec{\sigma}_i \cdot \vec{a} \vec{\sigma}_j \cdot \vec{a} &= -6(4\pi)r_{ij}^2 r_{jk}^2 \sum_{k, k_1, k_2} \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \begin{Bmatrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_1 & k_2 & k \end{Bmatrix} \\ &\quad \times \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k)} \otimes [Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{jk})]^{(k)} \right]^{(0)} \end{aligned} \quad (1.80)$$

$$\begin{aligned} \frac{i}{3} (\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{a}) (\vec{\sigma}_k \vec{a}) t_{ij} t_{jk} t_{ki} &= \langle 1010|k_3 0 \rangle \langle 1010|k_6 0 \rangle \langle 1010|k_7 0 \rangle (-)^{k_2+k_3+k_4} \hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{k}_4 \hat{k}_5 \\ & 3\sqrt{24} \begin{Bmatrix} 1 & 1 & 1 \\ 1 & 1 & 1 \\ k_2 & k_3 & k_1 \end{Bmatrix} \begin{Bmatrix} 1 & 1 & 1 \\ 1 & 1 & k_2 \\ k_6 & k_7 & k_5 \end{Bmatrix} \begin{Bmatrix} k_3 & k_2 & k_1 \\ k_5 & k_4 & 1 \end{Bmatrix} \\ & \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(k_1)} \otimes [\sigma_k^{(1)} \otimes Y^{(k_3)}(\hat{r}_{jk})]^{(k_4)} \otimes [Y^{(k_6)}(\hat{r}_{ki}) \otimes Y^{(k_7)}(\hat{r}_{ij})]^{(k_5)} \right]^{(k_1)} \end{aligned} \quad (1.81)$$

term A3

$$\begin{aligned} \frac{i}{3} (\vec{\sigma}_i \times \vec{\sigma}_j \vec{r}_{ij}) (\vec{\sigma}_k \vec{r}_{ij}) t_{ij} y_{jk} y_{ki} &= (-)^{k+1} \frac{\sqrt{2}}{3} \langle 1010|k 0 \rangle r_{ij}^2 t_{ij} y_{jk} y_{ki} \\ & \left[[\sigma_i^{(1)} \otimes \sigma_j^{(1)}]^{(1)} \otimes [\sigma_k^{(1)} \otimes Y^{(k)}(\hat{r}_{ij})]^{(1)} \right]^{(0)} \\ & = K_{r, 2t}^{k, \ell_1, \ell_2}(r_i, r_j) K_y^{0, \ell_3}(r_j, r_k) K_y^{0, \ell_4}(r_k, r_i) \\ & (-)^{k+1} \sqrt{2} \langle 1010|k 0 \rangle \langle \ell_3 0 \ell_4 0 | k 0 \rangle \langle \ell_1 0 \ell_4 0 | k_4 0 \rangle \langle \ell_2 0 \ell_3 0 | k_5 0 \rangle \hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{k}_4 \hat{k}_5 \hat{k}_6 \hat{k}_7 \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \\ & (-)^{k_2+k_3+1} \begin{Bmatrix} \ell_1 & \ell_2 & k \\ \ell_4 & \ell_3 & k_1 \\ k_4 & k_5 & k_3 \end{Bmatrix} \begin{Bmatrix} k_4 & k_5 & k_3 \\ 1 & 1 & 1 \\ k_6 & k_7 & k_2 \end{Bmatrix} \begin{Bmatrix} k_2 & k_3 & 1 \\ k & 1 & k_1 \end{Bmatrix} \\ & \left[[Y^{(k_1)} \sigma_k]^{(k_2)} \otimes [Y^{(k_4)} \sigma_i]^{(k_6)} \otimes [Y^{(k_5)} \sigma_j]^{(k_7)} \right]^{(k_2)} \end{aligned} \quad (1.82)$$

term A4

$$\begin{aligned} \frac{i}{3} (\vec{\sigma}_i \vec{a}) (\vec{\sigma}_j \vec{\sigma}_k) C_i t_{ij} y_{jk} t_{ki} &= \sqrt{2} \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle \hat{k}_2 (-)^{k_2+k_3+k_4+k_6+k_8+1} \\ & \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} K_{r, 2t}^{k_1, \ell_1, \ell_2}(r_k, r_i) K_{r, 2t}^{k_2, \ell_3, \ell_4}(r_i, r_j) K_y^{0, \ell_5}(r_j, r_k) \\ & \hat{k}_1 \hat{k}_2 \hat{k}_4 \hat{k}_7 \hat{k}_8 \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \langle \ell_1 0 \ell_5 0 | k_5 0 \rangle \langle \ell_4 0 \ell_5 0 | k_6 0 \rangle \langle \ell_2 0 \ell_3 0 | k_3 0 \rangle \\ & \begin{Bmatrix} k_5 & k_6 & k_4 \\ \ell_4 & \ell_1 & \ell_5 \end{Bmatrix} \begin{Bmatrix} k_7 & k_8 & k_4 \\ k_6 & k_5 & 1 \end{Bmatrix} \begin{Bmatrix} \ell_2 & \ell_1 & k_1 \\ \ell_3 & \ell_4 & k_2 \\ k_3 & k_4 & 1 \end{Bmatrix} \\ & \left[[Y^{(k_5)} \sigma_k]^{(k_7)} \otimes [Y^{(k_6)} \sigma_j]^{(k_8)} \right]^{(k_4)} \otimes [Y^{(k_3)} \sigma_i]^{(k_4)} \end{aligned} \quad (1.83)$$

term A5

$$\begin{aligned} \frac{i}{3} (\vec{\sigma}_i \vec{r}_{jk}) (\vec{\sigma}_k \vec{r}_{ij}) (\vec{\sigma}_j \vec{a}) t_{ij} t_{jk} y_{ki} &= \sqrt{\frac{2}{3}} \hat{k}_1 \langle 1010|k_2 0 \rangle \langle 1010|k_3 0 \rangle \begin{Bmatrix} 1 & 1 & k \\ 1 & 1 & 1 \\ k_2 & k_3 & k_1 \end{Bmatrix} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} \\ & \left[[[\sigma_i^{(1)} \otimes \sigma_k^{(1)}]^{(k)} \otimes \sigma_j^{(1)}]^{(k_1)} \otimes [Y^{(k_2)}(\hat{r}_{jk}) \otimes Y^{(k_3)}(\hat{r}_{ij})]^{(k_1)} \right]^{(0)} \end{aligned} \quad (1.84)$$

term A6

$$\begin{aligned} \vec{\sigma}_i \cdot \vec{a} C_j &= i\sqrt{6} 4\pi r_{ij}^2 r_{jk}^2 \sum_{k_1, k_2} \langle 1010|k_1 0 \rangle \langle 1010|k_2 0 \rangle (-)^{k_2+1} \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \\ & \times \left[\sigma_i^{(1)} \otimes [Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{jk})]^{(1)} \right]^{(0)} \end{aligned} \quad (1.85)$$

The other terms $\vec{\sigma}_i \cdot \vec{a} C_k$ and $\vec{\sigma}_i \cdot \vec{a} C_i$ can be obtained from this by cyclic permutation (without the σ_i).

$$\begin{aligned} \vec{\sigma}_i \cdot \vec{a} C_j C_k &= -i\sqrt{2} (\sqrt{4\pi})^3 r_{ij}^2 r_{jk}^2 r_{ki}^2 \sum_{k, k_1, k_2} \langle 1010|k_0\rangle \langle 1010|k_1 0\rangle \langle 1010|k_2\rangle \begin{Bmatrix} k_1 & k_2 & k \\ 1 & 1 & 1 \end{Bmatrix} (-)^{k+k_2} \\ &\times \left[\sigma_i^{(1)} \otimes \left[Y^{(k)}(\hat{r}_{jk}) \otimes \left[Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{ki}) \right]^{(k)} \right]^{(1)} \right]^{(0)} \end{aligned} \quad (1.86)$$

$$\begin{aligned} \frac{2i}{3} (\vec{\sigma}_i \vec{a}) C_i t_{ij} y_{jk} t_{ki} &= \frac{2}{3} \sqrt{6} 4\pi r_{ij}^2 t_{ij} y_{jk} r_{ki}^2 t_{ki} \sum_{k_1, k_2} \langle 1010|k_1 0\rangle \langle 1010|k_2 0\rangle \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \\ &\times \left[\sigma_i^{(1)} \otimes \left[Y^{(k_1)}(\hat{r}_{ki}) \otimes Y^{(k_2)}(\hat{r}_{ij}) \right]^{(1)} \right]^{(0)} \\ &= \frac{2}{3} \sqrt{6} 4\pi K_{r^2 t}^{k_1, \ell_1, \ell_2}(r_k, r_i) K_{r^2 t}^{k_2, \ell_3, \ell_4}(r_i, r_j) K_y^{0, \ell_5}(r_j, r_k) \\ &\sum_{k_1, k_2} \langle 1010|k_1 0\rangle \langle 1010|k_2 0\rangle \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \\ &\times \langle \ell_1 0 \ell_5 0 | k_5 0\rangle \langle \ell_2 0 \ell_3 0 | k_3 0\rangle \langle \ell_4 0 \ell_5 0 | k_6 0\rangle \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \hat{k}_1 \hat{k}_2 \hat{k}_3 \hat{k}_4 \\ &(-)^{\ell_2 + \ell_5 + k_1 + k_4 + k_6} \begin{Bmatrix} k_5 & k_6 & k_4 \\ \ell_4 & \ell_1 & \ell_5 \end{Bmatrix} \begin{Bmatrix} \ell_2 & \ell_1 & k_1 \\ \ell_3 & \ell_4 & k_2 \\ k_3 & k_4 & 1 \end{Bmatrix} \\ &\times \left[\left[Y^{(k_5)}(\hat{r}_k) \otimes Y^{(k_6)}(\hat{r}_j) \right]^{(k_4)} \otimes \left[Y^{(k_3)} \sigma_i \right]^{(k_4)} \right]^{(0)} \end{aligned} \quad (1.87)$$

term A7

$$\begin{aligned} -\frac{2i}{3} (\vec{\sigma}_i \vec{a}) C_j t_{ij} t_{jk} y_{ki} &= -\frac{2}{3} \sqrt{6} 4\pi r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} y_{ki} \sum_{k_1, k_2} \langle 1010|k_1 0\rangle \langle 1010|k_2 0\rangle \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \\ &\times \left[\sigma_i^{(1)} \otimes \left[Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{jk}) \right]^{(1)} \right]^{(0)} \\ &= -2\sqrt{\frac{2}{3}} \langle 1010|k_1 0\rangle \langle 1010|k_2 0\rangle \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \langle \ell_1 0 \ell_2 0 | k_3 0\rangle \langle \ell_1 0 \ell_5 0 | k_7 0\rangle \\ &\langle \ell_3 0 \ell_4 0 | k_6 0\rangle \begin{Bmatrix} k_2 & 1 & k_1 \\ k_3 & k_4 & k_5 \end{Bmatrix} \begin{Bmatrix} k_3 & k_4 & k_1 \\ \ell_3 & \ell_2 & \ell_1 \end{Bmatrix} \begin{Bmatrix} \ell_3 & \ell_1 & k_4 \\ \ell_4 & \ell_5 & k_2 \\ k_6 & k_7 & k_5 \end{Bmatrix} \\ &\hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \hat{k}_1 \hat{k}_2 \hat{k}_4 \hat{k}_4 \hat{k}_5 (-)^{k_2 + k_3 + k_5} K_y^{0, \ell_1}(r_k, r_i) K_{r^2 t}^{k_1, \ell_2, \ell_3}(r_i, r_j) K_{r^2 t}^{k_2, \ell_4, \ell_5}(r_j, r_k) \\ &\left[\left[Y^{(k_6)}(\hat{r}_j) \otimes Y^{(k_7)}(\hat{r}_k) \right]^{(k_5)} \otimes \left[Y^{(k_3)} \sigma_i \right]^{(k_5)} \right]^{(0)} \end{aligned} \quad (1.88)$$

term A8

$$\begin{aligned} -\frac{2i}{3} (\vec{\sigma}_i \vec{a}) C_k y_{ij} t_{jk} t_{ki} &= -\frac{2}{3} \sqrt{6} 4\pi y_{ij} r_{jk}^2 t_{jk} r_{ki}^2 t_{ki} \sum_{k_1, k_2} \langle 1010|k_1 0\rangle \langle 1010|k_2 0\rangle \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \\ &\times \left[\sigma_i^{(1)} \otimes \left[Y^{(k_1)}(\hat{r}_{jk}) \otimes Y^{(k_2)}(\hat{r}_{ki}) \right]^{(1)} \right]^{(0)} \\ &= 2\sqrt{\frac{2}{3}} \langle 1010|k_1 0\rangle \langle 1010|k_2 0\rangle \hat{k}_2 \begin{Bmatrix} k_1 & k_2 & 1 \\ 1 & 1 & 1 \end{Bmatrix} \begin{Bmatrix} k_3 & k_4 & k_2 \\ 1 \ell_5 & \ell_4 & \ell_1 \end{Bmatrix} \begin{Bmatrix} k_4 & k_3 & k_2 \\ k_1 & 1 & k_5 \end{Bmatrix} \\ &(-)^{k_5 + k_6 + k_7 + 1} \hat{\ell}_5 \hat{\ell}_4 \hat{\ell}_3 \hat{\ell}_2 \hat{\ell}_1 \hat{k}_1 \hat{k}_2 \hat{k}_2 \hat{k}_5 \langle \ell_5 0 \ell_1 0 | k_4 0\rangle \langle \ell_4 0 \ell_3 0 | k_6 0\rangle \langle \ell_1 0 \ell_2 0 | k_7 0\rangle \begin{Bmatrix} \ell_4 & \ell_1 & k_2 \\ \ell_3 & \ell_2 & k_1 \\ k_6 & k_7 & k_5 \end{Bmatrix} \\ &K_y^{0, \ell_1}(r_i, r_j) K_{r^2 t}^{k_1, \ell_2, \ell_3}(r_j, r_k) K_{r^2 t}^{k_2, \ell_4, \ell_5}(r_k, r_i) \\ &\left[\left[Y^{(k_6)}(\hat{r}_k) \otimes Y^{(k_7)}(\hat{r}_j) \right]^{(k_5)} \otimes \left[Y^{(k_4)} \sigma_i \right]^{(k_5)} \right]^{(0)} \end{aligned} \quad (1.89)$$

term A9

$$\begin{aligned}
-\frac{2i}{3}(\vec{\sigma}_i \vec{a}) C_j C_k t_{ij} t_{jk} t_{ki} &= -\frac{2}{3}\sqrt{2} (\sqrt{4\pi})^3 \sum_{k, k_1, k_2} \langle 1010|k0\rangle \langle 1010|k_1 0\rangle \langle 1010|k_2\rangle \begin{Bmatrix} k_1 & k_2 & k \\ 1 & 1 & 1 \end{Bmatrix} \\
&\times \left[\sigma_i^{(1)} \otimes \left[Y^{(k)}(\hat{r}_{jk}) \otimes \left[Y^{(k_1)}(\hat{r}_{ij}) \otimes Y^{(k_2)}(\hat{r}_{ki}) \right]^{(k)} \right]^{(1)} \right]^{(0)} r_{ij}^2 t_{ij} r_{jk}^2 t_{jk} r_{ki}^2 t_{ki} \\
&= \frac{2}{3}\sqrt{2} (\sqrt{4\pi})^3 \sum_{k, k_1, k_2} \langle 1010|k0\rangle \langle 1010|k_1 0\rangle \langle 1010|k_2\rangle \begin{Bmatrix} k_1 & k_2 & k \\ 1 & 1 & 1 \end{Bmatrix} \\
&\times K_{r, 2t}^{k, \ell_1, \ell_2}(r_j, r_k) K_{r, 2t}^{k_1, \ell_3, \ell_4}(r_i, r_j) K_{r, 2t}^{k_2, \ell_5, \ell_6}(r_k, r_i) \\
&(-)^{k_5+k_4} \hat{\ell}_1 \hat{\ell}_2 \hat{\ell}_3 \hat{\ell}_4 \hat{\ell}_5 \hat{\ell}_6 \langle \ell_3 0 \ell_6 0 | k_3 0 \rangle \langle \ell_1 0 \ell_4 0 | k_6 0 \rangle \langle \ell_2 0 \ell_4 0 | k_7 0 \rangle \hat{k} \hat{k} \hat{k}_1 \hat{k}_2 \hat{k}_4 \hat{k}_4 \hat{k}_5 \\
&\times \begin{Bmatrix} k_3 & k_4 & k \\ k & 1 & k_5 \end{Bmatrix} \begin{Bmatrix} \ell_3 & \ell_4 & k_1 \\ \ell_6 & \ell_5 & k_2 \\ k_3 & k_4 & k \end{Bmatrix} \begin{Bmatrix} \ell_4 & \ell_5 & k_4 \\ \ell_1 & \ell_2 & k \\ k_6 & k_7 & 1 \end{Bmatrix} \\
&\left[[Y^{(k_3)} \sigma_i]^{(k_5)} \otimes [Y^{(k_6)}(\hat{r}_j) \otimes Y^{(k_7)}(\hat{r}_k)]^{(k_5)} \right]^{(0)} \tag{1.90}
\end{aligned}$$

TYPE B MATRIX ELEMENTS: THREE-PI-DELTA TERM

term S1

The **type (b)** matrix element is

$$\begin{aligned}
\langle p_1 \bar{h}_1 | V^{X, \lambda} | h_2 \bar{p}_2 \rangle &= \sum_{\lambda_1, \lambda_2} (-)^{(k_{p_1} + k_{h_1} + k_h + \lambda_1 + \lambda_2 + \lambda)} \frac{\hat{\lambda}_1 \hat{\lambda}_2}{\hat{\lambda}} \begin{Bmatrix} \lambda_1 & \lambda_2 & \lambda \\ j_{p_1} & j_{h_1} & j_h \end{Bmatrix} \\
&\sum_{\ell_1, \ell_2, \ell_3} \begin{Bmatrix} \lambda & \lambda_1 & \lambda_2 \\ \ell_2 & \ell_3 & \ell_1 \end{Bmatrix} (-)^{(\ell_1 + \ell_2 + \ell_3)} \hat{\ell}_1 \hat{\ell}_2 \langle \ell_1 0 \ell_2 0 | \lambda_1 0 \rangle \hat{\ell}_1 \hat{\ell}_3 \langle \ell_1 0 \ell_3 0 | \lambda 0 \rangle \hat{\ell}_2 \hat{\ell}_3 \langle \ell_2 0 \ell_3 0 | \lambda_2 0 \rangle \\
&\times K_y^{0, \ell_1}(r_i, r_j) K_y^{0, \ell_2}(r_j, r_k) K_y^{0, \ell_3}(r_k, r_i) R_h(r_i) R_{h_1}(r_i) R_{p_1}(r_j) R_h(r_j) R_{p_2}(r_k) R_{h_2}(r_k) \\
&\times \left[\frac{(-)^{k_h} \sqrt{4\pi}}{\hat{\lambda}_1} \langle h || Y_1^{\lambda_1} || h_1 \rangle \right] \left[\frac{(-)^{k_{p_1}} \sqrt{4\pi}}{\hat{\lambda}_2} \langle p_1 || Y_2^{\lambda_2} || h \rangle \right] \left[\frac{(-)^{k_{p_2}} \sqrt{4\pi}}{\hat{\lambda}} \langle p_2 || Y_3^\lambda || h_2 \rangle \right] \tag{1.91}
\end{aligned}$$